Do you know...
An educational series for patients and their families

Trach To-Go Bag

The Trach To-Go Bag contains everything that you will need to care for your child’s trach while you are away from home. This bag needs to be ready at all times and properly packed with supplies. It is best to get into a routine of restocking the bag as soon as you arrive home. This will ensure that the bag is ready “to go” at a moment’s notice.

Trach To-Go Bag Contents

1. **Portable Suction machine** (keep fully charged when not in use)
2. **Resuscitation bag** with trach adapter and facemask
3. **Suction catheters**: sterile and correct size for your child’s trach
4. **Sterile gloves**: include sizes needed for all possible caregivers
5. **Trach tube**: sterile, same size as the trach your child wears
6. **Trach tube**: sterile, half (1/2) size smaller than trach your child wears
7. **Trach ties**: new (at least one set)
8. **Trach tube cleaning kit**
9. **Sterile water**

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.
If your child requires oxygen:
Oxygen (O²) tank: fully filled
Trach adapter for O²
O² saturation monitor (oximeter)

If your child’s trach has a cuff you also will need:
5 ml syringes for withdrawing and inserting air into the cuff

If you will be traveling on a commercial airline:

Oxygen needs must be scheduled at the earliest time possible prior to travel. The St. Jude Travel Office can help arrange for your child’s oxygen needs on the plane and during any layovers. Please tell the Travel Office as soon as you can if your child might need oxygen during travel. You will also need a Letter of Medical Necessity (LOMN) from your child’s doctor stating the medical need for oxygen and medical devices during travel.