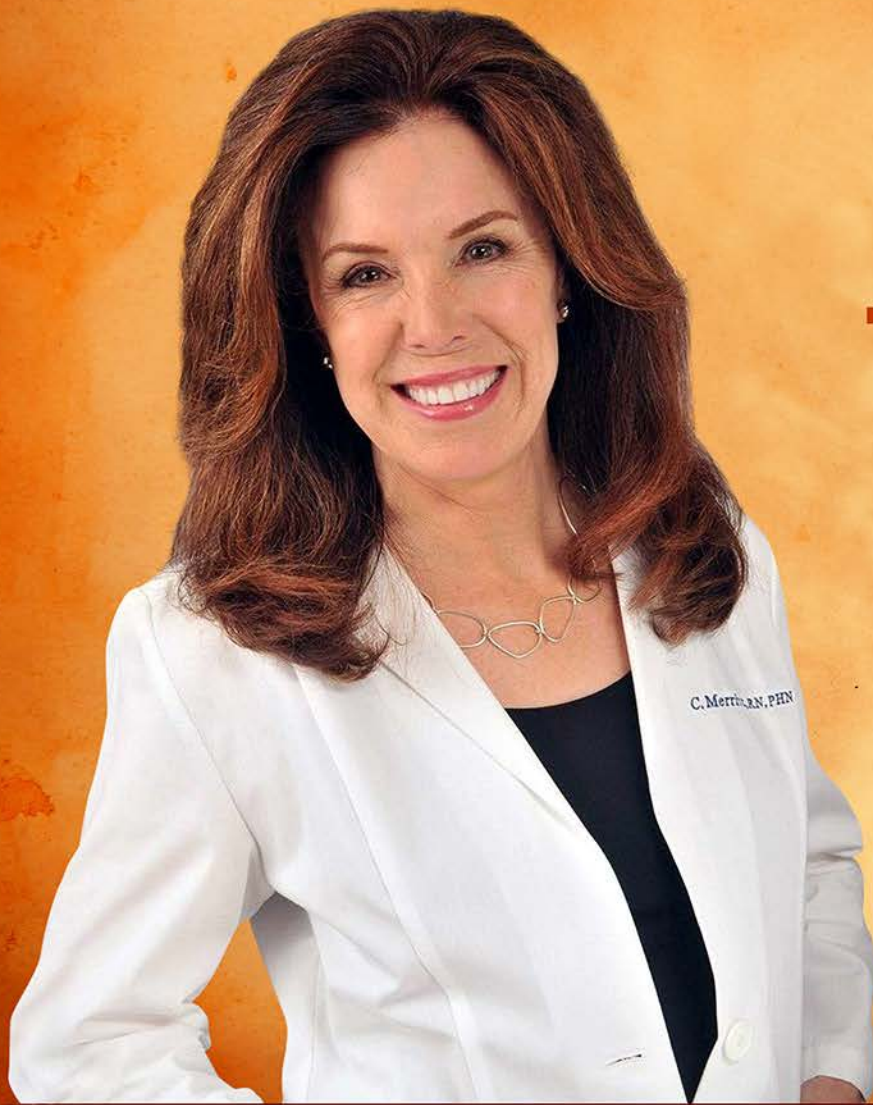


THE 22nd ANNUAL BETTYE ARNOLD SEMINAR

CONQUERING RAIDERS of the *LOST SPARK* -YOUR SPARK DETERMINES YOUR SUCCESS



**TUESDAY
SEPT. 10
2019**

Marlo Thomas Center
for Global Education and
Collaboration Auditorium

Connie Merritt, BSN, RN, PHN

Are multitasking and busyness scrambling your priorities and causing stress? Too often, a hectic schedule slowly extinguishes your special spark for accomplishing your purpose. Mid-course corrections can help us manage the demands of work, home and community. When you learn how to achieve balance, you'll be fully charged for life's joys and demands and you'll keep your spark alive. This program offers essential skills to maintain your balance, as well as steps to re-ignite your focus, courage, goals, passion and purpose.

For more information or to register:

Register on line at: www.stjude.org/bettye-arnold-seminar

Email: bettyeannualseminar@stjude.org | Call: Michael Hans, RN, at (901) 595-5283

