



**text me, message me, email me, PM or DM me, snap me or  
tweet me... but just don't expose me**



# Lynette Larkins @ a Glance

Twenty year career in technology leadership and management. Information Security in healthcare since 2003, first at Nationwide Children's Hospital, and now at St. Jude Children's Research Hospital.

- Bachelors in Engineering from the University of Dayton
- MBA from the Ohio State University

**435**

Facebook Friends

**197/111/389**

Instagram  
posts/followers.following

**@lynettelarkins**

24 tweets, following 234,  
22 followers

**477**

LinkedIn Connections

**2**

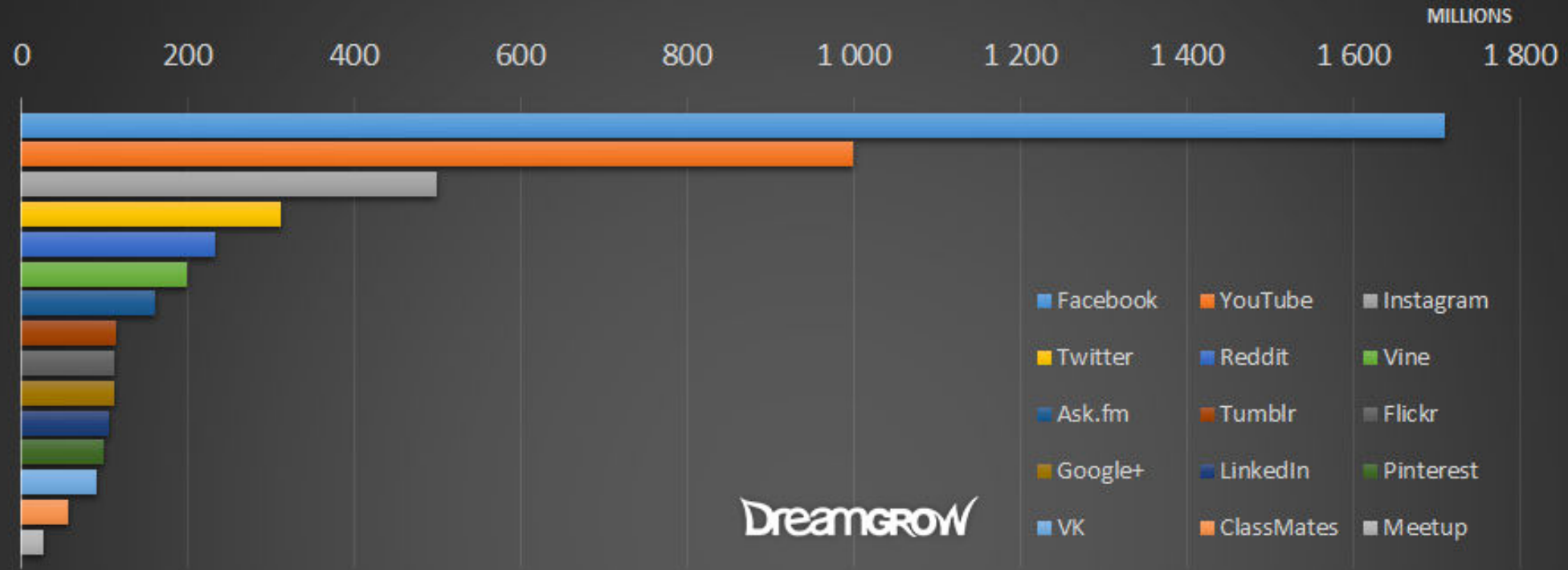
Number of tweens at  
home to assist me with  
social media

Find us on Facebook





# Top 15 Most Popular Social Networking Sites



Millions of unique visitors per month, over the past 3 months  
Updated Sept 18, 2016

Source: [Statista](#)  
\*Source: [www.dreamgrow.com](http://www.dreamgrow.com)

# Social Media Apps: Mobile Platforms

- Top 10 Social Network Apps worldwide as of April 2016 (based on number of active users)

WhatsApp	1,000,000,000
Messenger (FB)	900,000,000
WeChat	697,000,000
QZone	640,000,000
Instagram	400,000,000
Viber	249,000,000
LINE	215,000,000
SnapChat	200,000,000
YY	122,000,000
BBM	100,000,000



Source: [Statista](#)

# Social Media use in Clinical Trials

- Twitter
  - @subatomicdoc #CardioOnc #radonc
  - @theNCI National Cancer Institute
  - @US\_FDA
  - @Alliance\_org
- Facebook
- Blogs



Clinical Trials @Clinical\_\_Trial · Apr 28

Qu Biologics Enrolling Patients in Crohn's Clinical Trials - IBD News Today:  
Qu Biologics... [dlvr.it/9b0xFD](https://d1vr.it/9b0xFD) #clinical trials

 IBD News Today

Matthew Katz, MD Retweeted

 **Rahul Tendulkar** @RTendulkarMD · 6h  
T4: daily IGRT key. VMAT with high dose rate can decrease intrafraction motion. Follow guidelines. Rectal spacers = revolutionary? #radonc

**Radiation Nation** @Rad\_Nation  
T4. For doctors who want to make the transition to hypofractionated prostate RT, what are the critical success factors to adopt? #radonc

← ↻ 6 ❤️ 3 ⋮

 **Matthew Katz, MD** @subatomicdoc · 5h  
The numbers: 796 Tweets. 107 Participants. 2,157,489 Impressions. More #radonc JC analytics here:



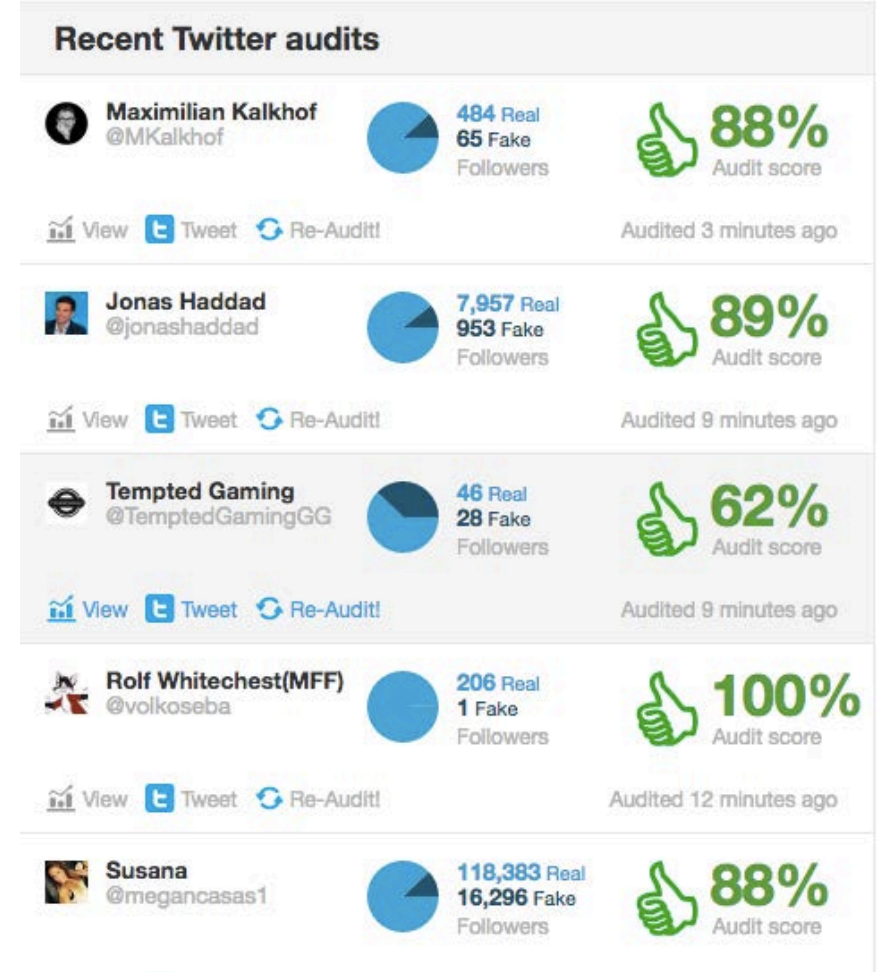
← ↻ 1 ❤️ 5 ⋮

# New tools, same rules

- Does social media create a new world, or just new tools?
- You are still responsible for protecting patients and yourself every day
- Your professional reputation is paramount. You are responsible for protecting that professional reputation.

# Risks to Consider

- “Trolls”
- “Ragers”
- “Misguided”
- “Unhappy customers”
- “Bots”



[www.twitteraudit.com](http://www.twitteraudit.com)

- Anyone can complain, question, praise or shame you in a very public way



# Mitigations

- Have a response plan in place ahead of time
  - Ohio State University Medical Center has a flow chart that shows how and when they teach people to respond to positive or negative postings online
- Institutional governance and support
  - Engage IRB, Media Department, Privacy & Security Offices
  - How do you plan to interact with individuals who post or comment?
  - Who will monitor posts?
  - You must have a mechanism to protect against HIPAA violations and inappropriate posting

# Twitter Security Must-Dos

- Use a strong password that is not re-used anywhere else
- Use log-in verification
- Be cautious of suspicious links and make sure you are on [twitter.com](https://twitter.com) before entering credentials

# Social Media - Passwords

- Easily guessable or crackable passwords most likely will be hacked on Twitter. Just ask...
  - Mark Zuckerberg
  - Khloe Kardashian
  - Katy Perry #hackersgonnahack
- Consider using a Password Management Tool



# Login Verification – 2 Factor Authentication

- Twitter and most (all?) social media sites offer this added layer of security.  
**ENABLE IT!!**

## Security

Login verification

Don't verify login requests

Send login verification requests to 

After you log in, Twitter will send a SMS message with a code that you'll need to access your account.

Send login verification requests to the Twitter app

Approve requests with one tap when you enroll in login verification on Twitter for iPhone or Twitter for Android. [Learn more](#)

You will need to [generate a temporary password](#) to log in to your Twitter account on other devices and apps. [Learn more](#)

We've texted you a login verification code.  
Please check your phone with number ending in **92** for a six-digit code and enter it in the box below to sign in.

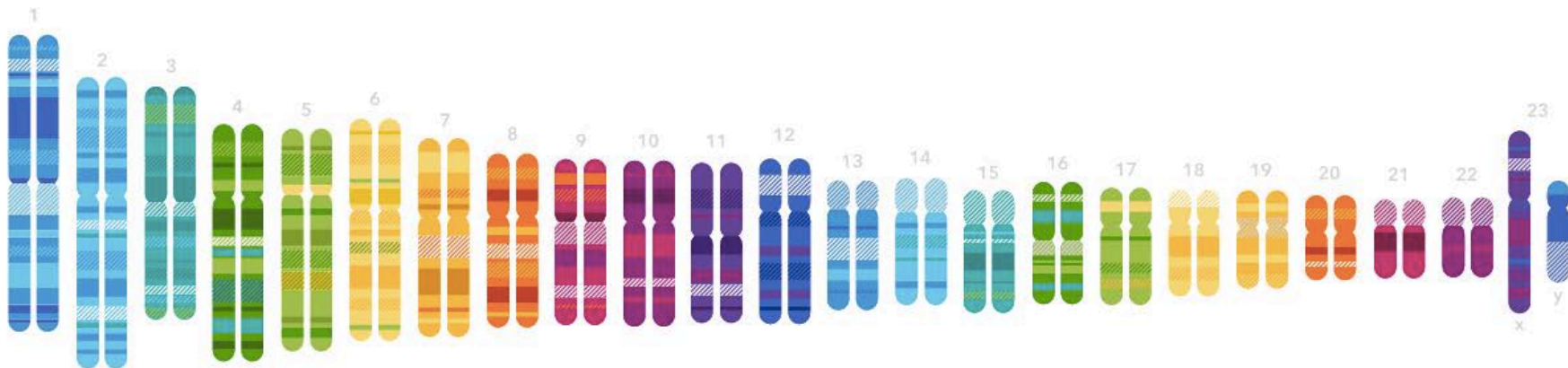
Submit





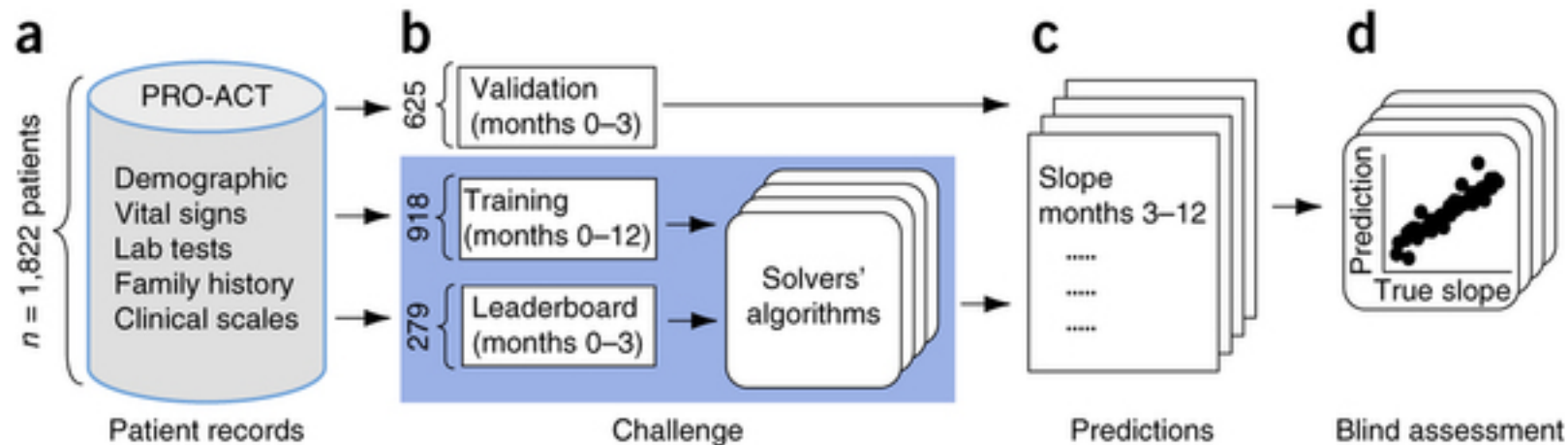
# Crowdsourcing

- What is it exactly?
  - Obtaining information, input, or funding for a project or task from a large group of people, typically from an online, networked community
- Relevance in clinical trials?
  - Analogous to patient advocates on disease committees
  - Personal genomics companies such as 23andme have surveyed their genotyped 'crowd' to enable many new discoveries in genetics



# Crowdsourcing ALS Research

- ALS Prediction Prize4Life
- Through a crowdsourced competition, 37 groups from around the world—many with no ALS experience —created tools to better predict how the disease would develop
- \$50,000 prize awarded to two teams; their algorithm predicted disease progression better than both a baseline model and clinicians using the same data



# In Summary

1. Social Media outlets are more and more where people turn for information and resources
2. The reluctance on the part of healthcare to engage via social media is understandable, given some of the threats and risks involved such as:
  - Fear of the unknown, loss of control (trolls, bots, and ragers)
  - Each app and site having different security and privacy controls = Complexity
  - Risk of violations of:
    - HIPAA Security or Privacy Rules, State Laws
    - Institutional Policies or Clinical Trial Agreements
3. Proceed carefully, with a cross-functional team approach



# Resources

Michael A. Thompson, MD, PhD ,“Social Media in Clinical Trials,” 2014 ASCO Educational Book

Natasha Gomer, “Patient Recruitment and Retention via Social is on the Rise” Brandwatch Blog, July 10, 2015

Robert Kuffner et al, “Crowdsourced analysis of clinical trial data to predict amyotrophic lateral sclerosis progression” Nature Biotechnology 33, 51–57 (2015)

Canadian Medical Association, “Social Media and Canadian Physicians: Issues and Rules of Engagement”

Benjamin M. Good, “Crowdsourcing for Bioinformatics” Oxford Univ Press 2013

Statista, “Most famous social network sites worldwide as of Sept 2016” [www.statista.com](http://www.statista.com)

<http://socialmediagovernance.com/policies/> - healthcare social media policy examples

Dominic Chiarelli, “Using Facebook to Improve Recruitment and Retention in Clinical Trials” Quorum Review March 2015





*"On the Internet, nobody knows you're a dog."*

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# Thank you

Lynette Larkins

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