TEAM UP for ST. JUDE®
Spirited by Varsity

A

Apples are in the cafeteria.

And water Fountans!

And Lots of other kids and friends.

A lot of Art!

A Lot of games

A is for Apples and More | Artwork created by St. Jude patient Brent

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B

Beanie

I used to hide it
I tried to fight it
But I guess I'm destined just to be me
In AE trying on the beanies
Because every now and then
I can't let them know who I am

It's a physical representation of my situation
I guess I can't let them see
What's not really me

It's complicated
And in my taste understated
The feeling that I get
When all I want to do is forget
That who I really am
Is trapped under a woven net

And what's underneath
Is different than who's beneath
Because under all these layers
Is a freakin cancer slayer

B is for Beanie | Artwork created by St. Jude patient Corbin

This letter sponsored by:

C

C — Cancer education.
H — Hair is gone?!
I — IV to get the medicine in,
L — Learned about blasts.
D — Doll to help understand
L — Love what they do!
I — Instruments to play!
F — Fun Arts and crafts!
E — Everything they do is awesome!

C is for Child Life | Artwork created by St. Jude patient Avery Ella

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Dream

"you may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us, And the World will live as one." Lyrics by John Lennon

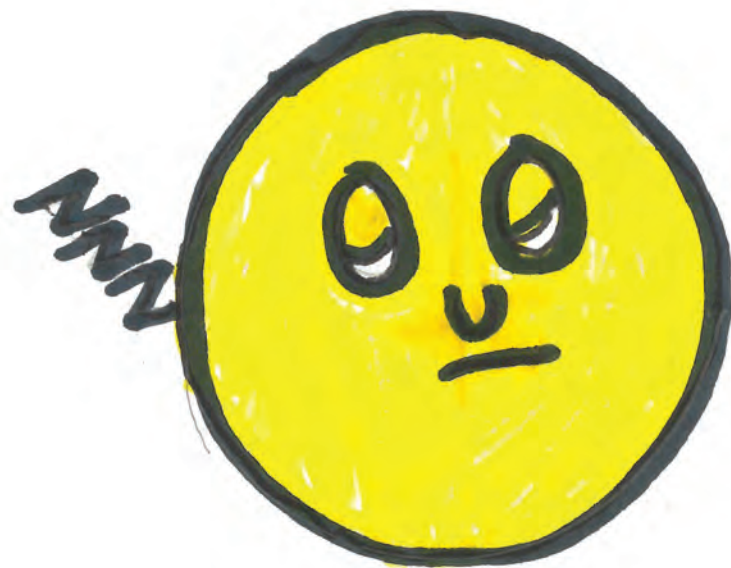**D is for Dream** | Artwork created by St. Jude patient Jayden

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E

EMOTIONS

Sad: St. Jude tells people everyday that their son or daughter has cancer and that they will have to have treatments.

Sleepy: Some days patients have to take medicine that makes then sleepy. It is called anesthesia.

Happy: St. Jude tells people also everyday that there is no more cancer and you have no more treatments.

E is for Emotions | Artwork created by St. Jude patient Reid

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F Cancer is Fearful !

but when you have:

Fantastic **D**octors

Fabulous Nurses

Fun Child Life Specialists

Family, **F**riends, and **F**aith in GOD

you can

Face and overcome ANYTHING

F is for Fearful and More | Artwork created by St. Jude patient Julia

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G is for Getting Medicine | Artwork created by St. Jude patient Da'varius

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H

Héroes

Yo amo a los héroes de mi
Hospital
Mi doctor es un Héroe
porque cura niños
Mis enfermeras también.
Mis terapeutas que trabajan
duro conmigo.
Los personas que donan para que
más niños se curen son Héroes.

H is for Heroes | Artwork created by St. Jude patient Ian

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Itch is an irritation in the skin that causes an urge to scratch

Itching can be caused by chemo therapy and Radiation or by the cancer itself!!

Dryskin

Itchy Skin

Allergic reaction

Hives

Rash

Radiation recall

Faith
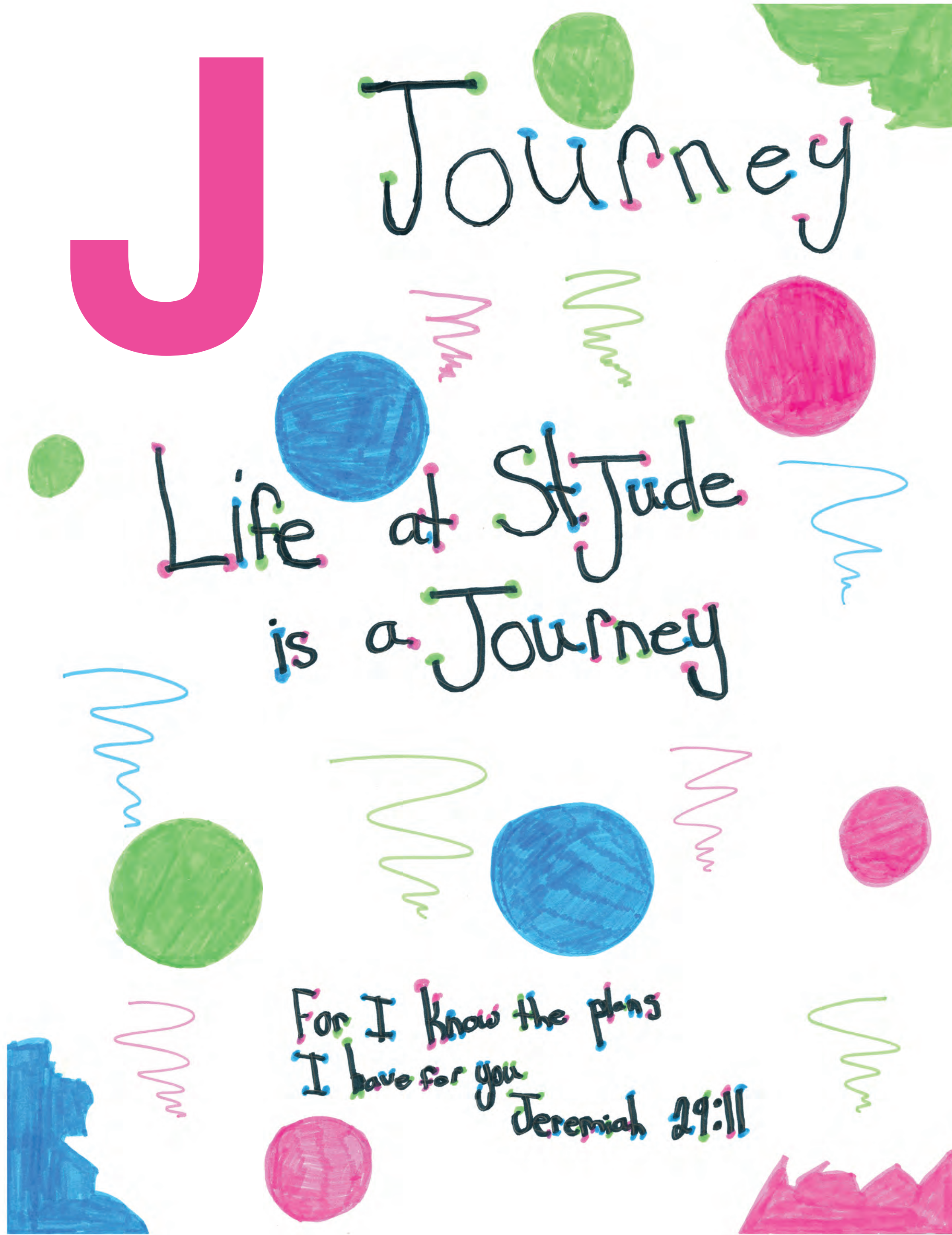
Hydration

moisturizers

soft clothing

Hot/Cool bath

Creams

medications

I is for Itch | Artwork created by St. Jude patient Armond

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J

Journey

Life at St Jude is a Journey

For I know the plans I have for you
Jeremiah 29:11

J is for Journey | Artwork created by St. Jude patient Jaycee

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K

KINGS/REYES
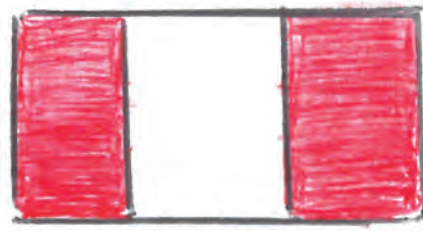
PERU   EEUU

At St.Jude hospital, the children are treated like KINGS, sense we receive the best treatment of the world. When we enter St. Jude hospital, we feel like KINGS in a palace, because all we worry about is happiness :)

In el Hospital St.Jude, los niños son tratados como REYES, con la sensación de que recibimos el mejor tratamiento del mundo. Cuando entramos al Hospital St.Jude, nos sentimos como REYES en un palacio, porque todo lo que nos preocupa es la FELICIDAD ♥

K is for Kings/Reyes | Artwork created by St. Jude patient Daniel

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L

Love st Jude

Love

my
Playing

Love

Love

Playing sports

L is for Love | Artwork created by St. Jude patient Landon

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M MIRACLE

When the MRI lights up
and you get the sad news
there is nothing the doctors can do
the only thing you can do
is pray for a MIRACLE
and MIRACLE'S do happen
here at ST. Jude
I can say so myself

"Nothing you have is because of
Luck or chance. It's all due to GOD'S
grace and favor."

M is for Miracle | Artwork created by St. Jude patient Allie

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N Never...

Stop smiling

Stop dreaming

be negative

stop believing

stop fighting

lose faith

let yourself be overcome by fear.

GIVE UP

N is for Never | Artwork created by St. Jude patient Alana

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O is for the OUTSTANDING people that help you get better

They are...

Oncologists
Understanding
Terrific
Sensational
Trusting
Amazing
Nurturing
Dynamite
Interesting
Nice
Gifted

O is for Outstanding | Artwork created by St. Jude patient Ainsley

This letter sponsored by:

P

P is for **Protons**

Proton **PATHOLOGY**
Radiation **PRAYERS**
Oncology **PATIENCE**
Therapy **POSITIVE**
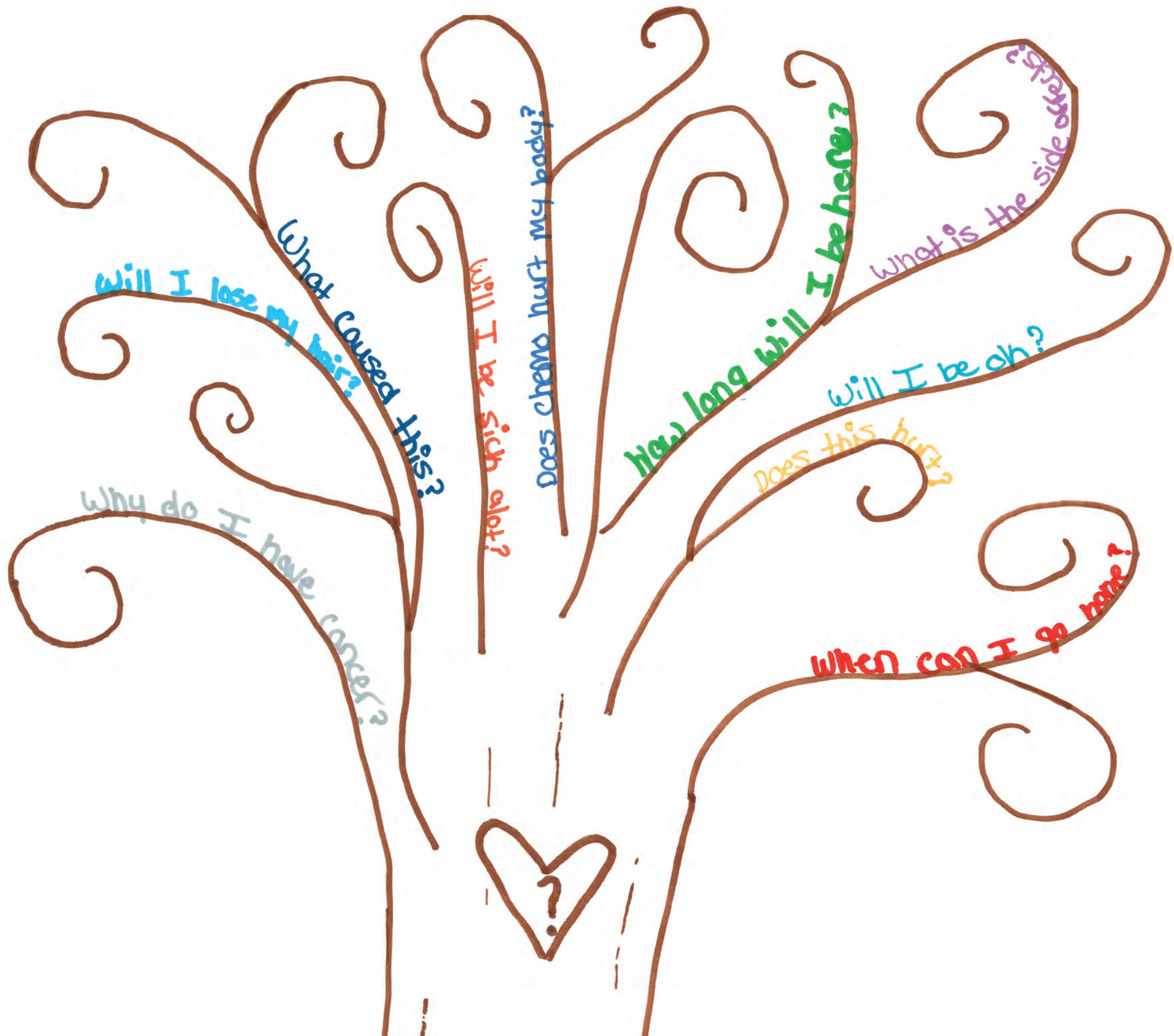**O**ptimism **POKES**
Nurses **PARTY**
Science **PARENTS**

P is for Protons | Artwork created by St. Jude patient Wendy

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Q

is for the Many questions I have for my Doctors and nurses....

What is the side effects?

Will I lose my hair?

What caused this?

Will I be sick alot?

Does chemo hurt my body?

How long will I be here?

Will I be ok?

Does this hurt?

Why do I have cancer?

When can I go home?

?

Q is for Questions | Artwork created by St. Jude patient Megan

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R

RESPECTFUL

It is important to show others kindness and respect when they are trying to make you feel better.

R is for Respectful | Artwork created by St. Jude patient Vanessa

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S is for...

St. Jude

It is a **safe haven** made up of **strong** patients and families, **sweet** nurses and doctors, and other **supportive** staff. I feel **safe** here. They have beautiful, **scenic** areas around the hospital where I can just relax (especially after a long day of chemo). Being here will **scar** you for life, I can guarantee you that.

"Finding cures. Saving children."

S is for St. Jude | Artwork created by St. Jude patient Bertha

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T

We are

Thankful

for

St. Jude

helping us get heathy!

* Thank you doctors
* Thank you nurses
* Thank you scientists
* Thank you volunteers
* Thank you donors

Love,
pyper
young

I am Thankful for all the people here!!

give Thanks

T is for Thankful | Artwork created by St. Jude patient Pyper

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U

NEXTINGUISHABLE

Your Light is Never as Bright as when You're in The FiGHT

U is for Unextinguishable | Artwork created by St. Jude patient Kane

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V is for Vincristine | Artwork created by St. Jude patient Champain

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V

Vincristine is the chemo that gose in my veins.

Somtimes my veins blow because of too many needle poke's.

I will be victorious over cancer after my treatment!

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W

We are chemo
Warriors

We are chemo warriors
bearing arms with pride.
We don't care
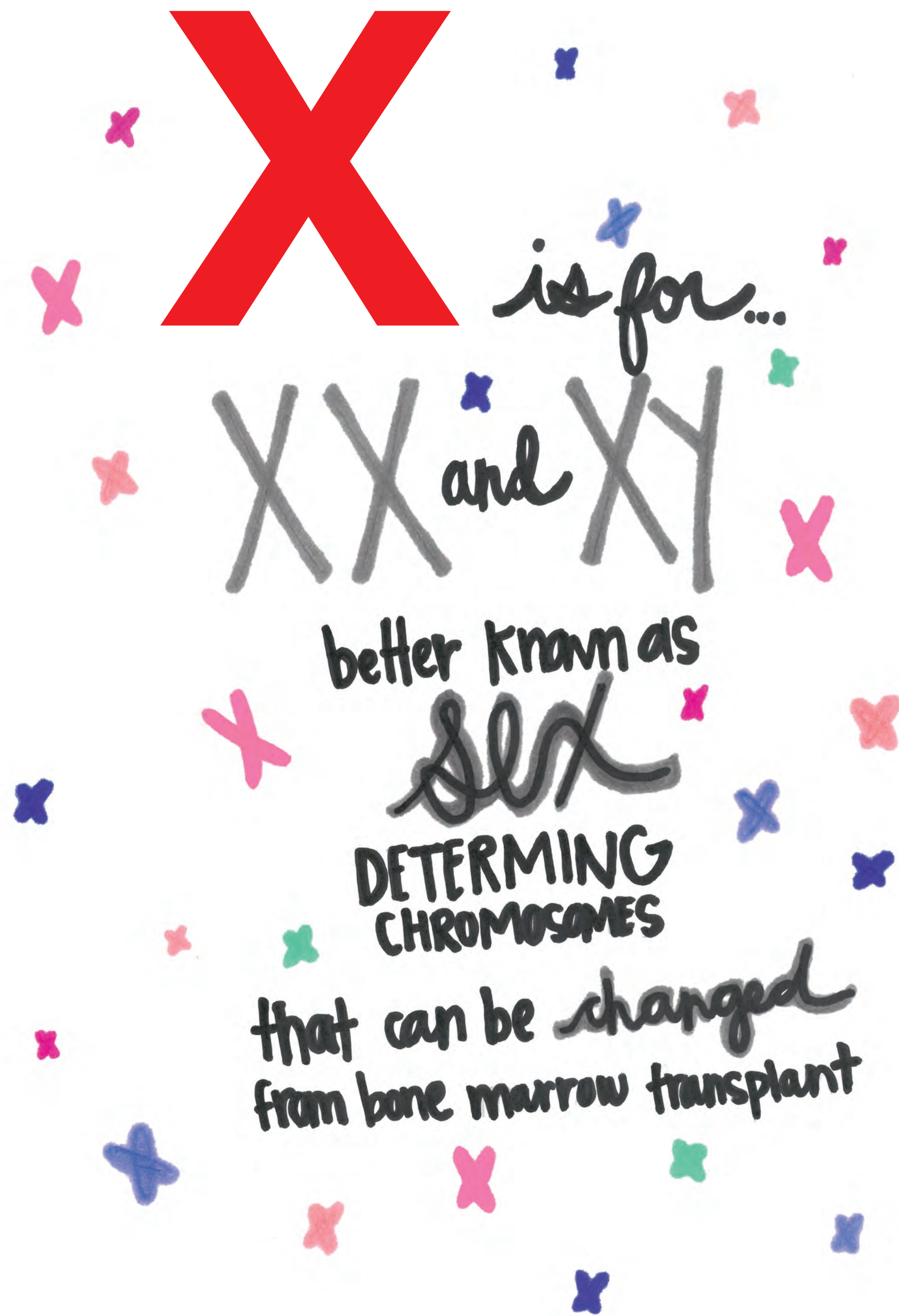loosing our hair.
We soldier on and
fight it through.
We can't deny
Sometimes we cry.
But we are God's Warriors!

W is for We Are Warriors | Artwork created by St. Jude patient Diana

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X is for...

XX and XY

better known as

sex

DETERMING
CHROMOSOMES

that can be changed
from bone marrow transplant

X is for XX and XY | Artwork created by St. Jude patient Madison

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Y Yucky

Needles are Yucky and scary.

throwing up is Yucky.

taking medicine is super Yucky.

Cancer is mean and Yucky.

Y is for Yucky | Artwork created by St. Jude patient Jaxon

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Z

Z Zzz... as in sleepy b/c chemo makes me tired

O ndansetron is the generic name

helps me **F** eel better

R an through IV at hospital & pills at home during treatment

A lways have faith

HELPS PREVENT **N** ausea & vomiting

Z is for Zofran | Artwork created by St. Jude patient Katherin

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