

CHALLENGE ACCEPTED



STRENGTH

It isn't about having strong muscles and armor. Heroes stand up for others when they need it most.



AGILITY

Real Heroes have to think on their feet and be flexible when they're faced with change.



WILLPOWER

Heroes focus on what they want and work hard to make it happen. That's heroic willpower.



KINDNESS

Being kind is about helping others and showing respect. Kindness makes the world a better place.



BRAVERY

Heroes always do their very best, especially when they're feeling nervous or afraid.



To be a Hero anytime, visit:
stjude.org/heroesjr