

St. Jude Parents

MARCH 2014

Photo, video guidelines help protect privacy

Every time you turn around, someone is taking a photo with a cell phone. That seems to be the latest way we share our lives with others. The staff knows that you will want to take photos and make recordings of your child during your family's time at St. Jude. However, this must be balanced with the hospital's need to protect the privacy and safety of all patients, families and staff.

Help us protect your child and everyone else at St. Jude by following the hospital's guidelines for taking photos, videotaping and audiotaping.

When can I take pictures and make recordings?

Patients and family members may not photograph or record any medical care being given to the patient because it may interfere with the safety and health of you or your child. We understand that there are important events during treatment that your family should be able to celebrate and share. So the following events may be photographed or recorded:

- Stem cell infusion
- First and last day of chemotherapy
- Birthdays
- Special patient events (such as Halloween or graduation days)

Patients and family members are never allowed to take photos or make recordings in the Intensive Care Unit (ICU). A patient family might be given oral or written permission by the attending doctor or nursing coordinator to take certain still photos in the ICU.

It is important to understand that St. Jude staff members are prohibited from using any device to record medical care being given to the patient, even if parents ask.

What can I photograph or record?

As long as they follow the guidelines above, patients and their family members are welcome to take photos and make recordings of themselves and their children while at St. Jude.

However, you must always respect the privacy of other patients, their family members, and St. Jude staff members. Please do not take photos or make recordings of anyone without their permission.

St. Jude staff members may refuse to be in any recordings or photographs, and they are not allowed to take part in interviews recorded by a patient or family member about a patient's care or treatment.

St. Jude staff members may ask

you or your family members to delete your photos or recording or to stop the use of any device if that staff member believes that it would interfere with patient care or would violate someone's privacy.

If you have questions about any of these guidelines, please talk to a St. Jude staff member.



Chaplains take email prayer requests

The Chaplain Services staff has set up a new Prayer Email Box – prayer@stjude.org. It offers patients, family members, staff and donors an opportunity to request prayer through emails. Your email will be read and responded to by a St. Jude chaplain, and a chaplain will pray about your concern.

Dietitians offer low bacteria diet tips

Eating can be confusing if your child is on the low bacteria diet. One way to cut down on confusion is to ask your team dietitian for help. Call 901-595-3318, and your dietitian will help you make good food choices, we are here to cut the confusion out of your child's diet.

Hot tip for the day

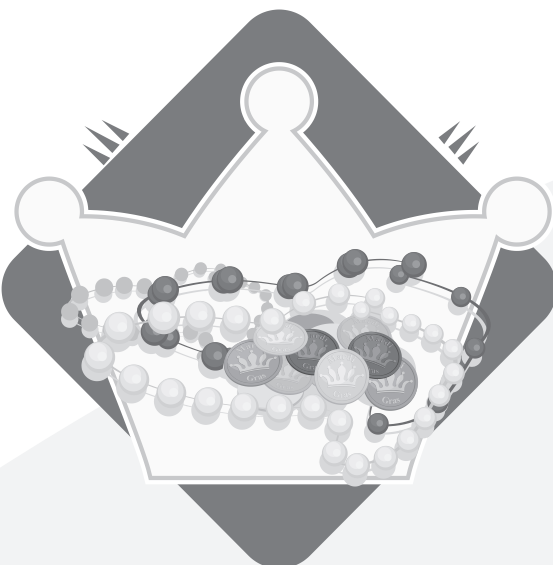
The food served on the hot lines in the Kay Kafe is safe for all patients on the low bacteria diet. There is no need to ask for freshly made food items. Kay Kafe staff members know the needs of our patients and prepare all food fresh and within the guidelines of the low bacteria diet.

Child Life plans Mardi Gras Parade and activities for Child Life Month

Attention parents: Come join in our annual "Krewe" of St. Jude Children's Research Hospital Mardi Gras Parade. Children will be able to decorate wagons, wheelchairs and anything else we can find to create their floats.

The staff will line the hallways, and you and your children will be the krewe that throws the beads. We will end the parade with our own little Mardi Gras party, including cake and punch. Watch for signs around the hospital to learn the exact location and time.

Help the child life specialists celebrate Child Life Month the week of March 24–28. On Monday, March 24, and Wednesday, March 26, the Child Life team will host fun activities for your children. On Friday, March 28, stop by the Kay Kafe corner for snacks to end the fun week. Watch for signs posted around the hospital for more details.





Talking about Medicines

Be aware of drug allergies

By Shane Cross, PharmD, Pharmaceutical Services

A drug allergy occurs when there is an allergic reaction to a medicine. The severity or extent of the reaction can range from mild to severe. Symptoms of a drug allergy can occur within minutes of taking the first dose, or they can begin several days or weeks after taking a medicine. The skin is often the most common body part involved in an allergic reaction. Here are some common signs of a drug allergy:

- Redness of the skin
- Skin rash (that may or may not itch)
- Hives (often looks like small, red welts on the skin)
- Fever

Some signs of a more severe allergic reaction include:

- Trouble breathing;
- Tight feeling in the chest; and
- Swelling of the lips, tongue or face.

As a parent or caregiver, it is important for you to know the warning signs of an allergic reaction. If you notice any of the above symptoms, talk to your child's doctor right away. To learn more about drug allergies, please ask your child's doctor, nurse or pharmacist.

Clinical Nutrition offers fun activities

Join Clinical Nutrition Services in celebrating National Nutrition Month March 3–6 at the ABC wall near the Kay Kafe. These are the scheduled events:

Enjoy the Taste of Eating Right

Monday, March 3, 10–11 a.m.

Enjoy a cooking demonstration with chef/dietitian Patricia Prince-Griffin and chef Rick Farmer. Taste their delicious recipes.

The Balancing Act: Calories In vs. Calories Out

Tuesday, March 4, 10–11 a.m.

Learn a bit more about how to balance your calorie intake and make your own fruit kabob.

Third Annual Tour De Food

Wednesday, March 5, 10–11:30 a.m.

Come explore the healthier options offered in the Kay Kafe. Also, learn about portion distortion.

The 411 on Nutrition, Ask a Dietitian

Thursday, March 6, 10 a.m.–1 p.m.

Stop by to ask your nutrition questions. Learn about everything dietitians do.



St. Jude Children's Research Hospital

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Finding cures. Saving children.

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St. Jude Parents is published on the first of each month by Patient Education and Biomedical Communications. Your questions and comments are important to us. **We want to print advice and tips from St. Jude parents to other St. Jude parents.**

To share your ideas or to receive this newsletter by email, please call or email Alicia Huettel, RN, MSN, at 901-595-5453 (parents_newsletter@stjude.org) or Lois Young (lois.young@stjude.org). To subscribe to an online version of this newsletter, visit www.stjude.org/parents-newsletter.

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For the latest details on upcoming events, see the bulletin board in the Patient Care Center lobby near Patient Registration.