

MAY 2017

## Call stations provide extra protection

**S**t. Jude Security is here to help you whenever you have concerns about safety for yourself or others on the St. Jude campus. Call stations are one way to reach Security in a hurry. Security offers six call stations in the parking lots near the Chili's Care Center, Tri Delta Place and the Kmart St. Jude Life Center. Call stations are also

located near the elevators on every floor of all three St. Jude parking garages.

When you push the call station button for help, the call is connected directly to the Security Control Room, which is staffed 24 hours a day, seven days a week. The security control officer will send an officer to assist the call station user.

These call stations are for anyone who needs help, and it doesn't have to be an emergency. If you have car trouble, feel sick, see something suspicious or need a lift to a building, push the call station button.

If you need to reach St. Jude Security at any time without going to a call station, dial 901-595-4444.



## Zipcar is here for patient families

Having a car to use when you need it just got a whole lot easier. Patient families now have a way to rent a car quickly and easily without leaving St. Jude. Zipcar, one of the world's leading car-sharing networks, is now offering their cars on the St. Jude campus and at Target House.

Zipcar members can reserve self-service, on-demand cars by the hour or day. The service is offered 24 hours a day, seven days a week. Any St. Jude patient family member can become a member today for free, and you'll get \$15 in free driving. Four simple steps to using Zipcar:

1. Join today at [www.zipcar.com/stjude](http://www.zipcar.com/stjude).
2. Once you're a member, reserve a car online or on your phone for as short as one hour or as long as seven days.
3. Let yourself into the car with your unique zipcard. The keys are already in the car.
4. Drive away. Just make sure to return the car at the end of your reservation.

Zipcars are parked on the St. Jude campus and at Target House, so it's easy to get wherever you need to go, do errands, or even have a road trip. Zipcar covers gas, insurance, and 180 miles per day, so you can enjoy your driving time without any extra costs.

If you are interested in trying this service, join Zipcar today at [www.zipcar.com/stjude](http://www.zipcar.com/stjude), and follow Zipcar on Twitter @zipcarATL for weekly driving credit promotions.

If you have an international driver's license, visit [www.zipcar.com/apply/foreign-drivers](http://www.zipcar.com/apply/foreign-drivers) to learn which documents you will need for using Zipcar.



## Free business services for patient families

The Linda R. Hajar Family Resource Center on the second floor of the Patient Care Center offers a self-service business center for patient families. This includes computers, printer, scanner, fax and copier for your personal use.

It is available 24 hours a day, with staff support from 8:30 a.m. to 4:30 p.m. Monday through Friday. Notary services are also offered during those staffed hours. All services are free of charge.

If you have questions, please call the Family Resource Center at 901-595-4639.

## Three nurses honored with DAISY Awards; you can nominate a nurse, too

Three extraordinary nurses were recognized with DAISY Awards in March. These honorees demonstrate professionalism with a focus on the St. Jude mission, vision and values. They exemplify great teamwork, interpersonal skills and have established a professional connection with patients and families through emotional support and trust.

Congratulations to: **Aaron Atkins** (ICU Overflow Unit - Inpatient), **Ruth Basse** (Bone Marrow Transplant - Ambulatory Care Unit), and **Kathy Youngblood** (Medicine Room - Ambulatory Care Unit).

DAISY stands for diseases attack-

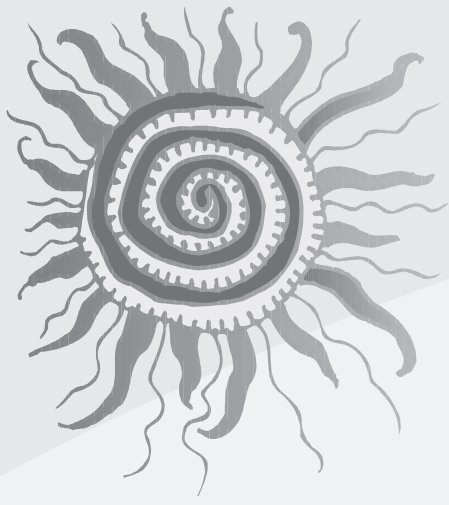
ing the immune system. The DAISY Foundation was formed in 1999 by the family of J. Patrick Barnes, who died of an immune disorder at 33. His family had experienced the skilled and compassionate care of many nurses, and they started the DAISY Award program as a way of saying thank you. Today, more than 2,000 health care facilities in all 50 states and 15 other countries are committed to honoring nurses with the DAISY Award.

Any nurse can be nominated by patients, families, employees, volunteers or visitors. If you would like to nominate a nurse for the DAISY

Award, pick up a nomination form from any inpatient unit, your child's clinic waiting area, the Linda R. Hajar Family Resource Center (located on the second floor of the Patient Care Center), the Blood Donor Center or Chili's Care Center lobby.

You may also nominate a nurse online at [www.stjude.org/daisyaward](http://www.stjude.org/daisyaward). To find the nomination form, click on "Nominate a Nurse" located under Related Topics.

If you have questions about the DAISY Award, email [DAISYAwardRecognitionCommittee@stjude.org](mailto:DAISYAwardRecognitionCommittee@stjude.org).



## Talking about Medicines

### Medicines and sun exposure

By Shane Cross, PharmD, Pharmaceutical Services

Summertime is upon us again, and for many, that means spending more time outside. During outdoor activities, keep in mind that certain medicines could make your skin or your child's skin more sensitive to the sun. It's a process called chemical photosensitivity (foto SEN si TI vi tee). It means that a person has an enhanced reaction to sunlight. When taking certain medicines, people can suffer severe sunburns after only a short time in the sun. They might also get rashes, hives, itching and even blistering. It can happen with both direct sunlight and fake sunlight, such as light from a tanning bed or sunlamp. It is not caused by the kind of lights used in your home or workplace.

Here are some things you can do to protect yourself and your child from the harmful effects of sunlight. First, know which medicines might cause a strong reaction to sunlight. Prescription bottles should contain a sticker to alert you to this type of side effect.

Some medicines can cause photosensitivity even after the medicine has been stopped. Try to avoid the sunlight between the peak hours of 10 a.m. and 4 p.m. when the sun's rays are strongest. When you are outside, use a sunscreen with an SPF of at least 30. Be sure to reapply sunscreen often throughout the day.

To learn more about how your skin or your child's skin might be sensitive to the sun, talk to your doctor, nurse or pharmacist.

## Trolls headline St. Jude Family Fun Day

Child Life will host the annual St. Jude Family Fun Day Thursday, May 18, from 3:30–7 p.m. at the Danny Thomas/ALSAC Pavilion. This year's theme will be Trolls.

Child Life will offer many fun activities to encourage family togetherness, including: a troll yourself station, a photo booth, karaoke, and to end the evening, a showing of the *Trolls* movie.

Light food and snacks will be served.



*St. Jude Parents* is published on the first of each month by Family-Centered Care Services and Biomedical Communications. Your questions and comments are important to us. **We want to print advice and tips from St. Jude parents to other St. Jude parents.**

To share your ideas or to receive this newsletter by email, please call or email Alicia Huettel, RN, MSN, at 901-595-5453 ([parents\\_newsletter@stjude.org](mailto:parents_newsletter@stjude.org)) or Lois Young ([lois.young@stjude.org](mailto:lois.young@stjude.org)). To subscribe to an online version of this newsletter or to learn more about *St. Jude Parents*, visit [www.stjude.org/parents-newsletter](http://www.stjude.org/parents-newsletter). St. Jude is an Equal Opportunity Employer.

St. Jude complies with health care-related federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you speak another language, assistance services, free of charge, are available to you. Call 1-866-278-5833 (TTY: 1-901-595-1040).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-278-5833 (TTY: 1-901-595-1040).

تنبيه: إذا كنت تتحدث بلغة أخرى، فيمكنك الاستعانة بخدمات المساعدة اللغوية المتوفرة لك بالمجان. يرجى الاتصال بالرقم 1-866-278-5833 (الهاتف النصي: 1-901-595-1040).



## St. Jude Children's Research Hospital

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