

## CURRICULUM VITAE

**NAME:** ROBERT C. KLESGES

**DATE & PLACE OF BIRTH:** May 26, 1953; Glendale, California

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### ACADEMIC DEGREES:

A.A.	1974	Glendale College, Glendale, California (Biology)
B.A.	1976	Pepperdine University, Malibu, California (Psychology)
M.S.	1978	University of Wyoming, Laramie, Wyoming (Clinical Psychology)
Ph.D.	1980	University of Wyoming, Laramie, Wyoming (Clinical Psychology)
Internship	1979-1980	University of Southern California School of Medicine

### PROFESSIONAL APPOINTMENTS:

#### Psychology Work Experience

1977	Psychology Clerk, Wyoming State Training School, Lander, WY
1977-1978	Teaching Assistant, University of Wyoming Psychology Department, Laramie, WY
1978	Psychology Clerk, University of Wyoming Psychology Clinic, Laramie, WY
1978-1979	Student Director/Coordinator, University of Wyoming Psychology Clinic, Laramie, WY
1979	Psychology Clerk, University of Wyoming Counseling and Testing Division, Laramie, WY
1979-1980	Adjunct Professor, University of Southern California School of Pepperdine University, Malibu, CA
1980-1981	Adjunct Professor, Concordia College, Moorhead, MN
1980-1984	Assistant Professor of Clinical Psychology, North Dakota State University, Fargo, ND
1984-1985	Associate Professor and Director of Clinical Training, North Dakota State University, Fargo, ND
1986-2001	Program Coordinator, Behavioral Medicine Subspecialty, The University of Memphis, Memphis, TN
1985-2004	Professor, The University of Memphis, Memphis, TN
1987-2004	Adjunct Associate Professor of Biostatistics and Epidemiology, University of Tennessee, Memphis, TN
1986-2004	Research Professor of Pediatrics, University of Tennessee, Memphis, TN
1992-2004	Adjunct Professor of Preventive Medicine, University of Tennessee, Memphis, TN
1994-2004	Special Assistant, Department of Athletics, The University of Memphis, Memphis, TN
1998-2004	Executive Director, The University of Memphis Center for Community Health, Memphis, TN
2004-2006	Consultant, Mayo Clinic, Rochester, MN
2004-2006	Professor of Medicine and Psychology, Mayo Clinic, College of Medicine, Rochester, MN
2006-2006	Consultant, Mayo Clinic Cancer Center, Nicotine Dependence Center, Rochester, MN

- 2006-present Member, Department of Epidemiology and Cancer Control, St. Jude Children's Research Hospital, Memphis, TN
- 2006-present Professor, Department of Preventive Medicine, University of Tennessee Health Science Center, Memphis, TN
- 2013-present Director, Center For Population Sciences, University of Tennessee Health Science Center, Memphis, TN

**PROFESSIONAL SOCIETY MEMBERSHIPS:**

Academy of Behavioral Medicine Research  
 American Psychological Association  
 Association for the Advancement of Behavior Therapy  
 Society for Preventive Cardiology  
 North American Association for the Study of Obesity  
 American College of Sports Medicine,  
 Society of Behavioral Medicine  
 Elected Member – Delegate: Society of Behavioral Medicine (2000-2002)  
 Fellow, Society of Behavioral Medicine

**HONORS AND AWARDS:**

- Named: Outstanding Research Award, Division 38 (Health Psychology), American Psychological Association.
- 1986-1987 Recipient of Superior Performance in University Research (SPUR) award; Memphis State University
- 1987 Recipient of Norwegian Marshall Fund Master Lecture Series award; Oslo, Norway
- 1987-1988 Recipient of Superior Performance in University Research (SPUR) award; Memphis State University
- 1988-1989 Recipient of Superior Performance in University Research (SPUR) award; Memphis State University
- 1988-1989 Awarded Outstanding Young Researcher Award, Memphis State University
- 1989-1990 Recipient of Superior Performance in University Research (SPUR) award; Memphis State University (award comes with \$5000 research stipend).
- 1991-1992 Awarded University Distinguished Research Award, Memphis State University
- 1992 Selected as a member of the Visiting Scholar Series, Great Midwestern Conference (NCAA)
- 1993 Selected as a member of the Visiting Scholar Series, Great Midwestern Conference (NCAA)
- 1998-2001 Advisory Member, National Heart, Lung, & Blood Institute Total Artificial Heart Program
- 1998-2001 Member, NHBLI Advisory panel on the NIH Total Artificial Heart program
- 1999 Member, Educational Workshops in Interdisciplinary Research, National Institute of Nursing Research
- 1999-present Chair, Steering Committee, Weight Gain Prevention in African American Girls, National Heart, Lung, & Blood Institute
- 1999-2010 Chair, Executive Committee, Weight Gain Prevention in African American Girls, National Heart Lung & Blood Institute

**RESEARCH INTERESTS:**

Cancer prevention and control in young adults, clinical trials, health promotion in underserved populations (women, minorities, and the military); smoking cessation, obesity treatment and weight gain prevention in children and adults.

**GRANT SUPPORT:****Current Grant Support**

Robert C. Klesges (co-P.I.) Motor proficiency and physical activity in adult survivors of childhood ALL, 1 R01 CA132901-01.

Total costs: \$3,110,817. 04/01/09 – 03/31/13

Robert C. Klesges (P.I.) Efficacy of a tobacco quit line childhood cancer survivors, RO1 CA127964.

Total costs: \$3,801,180. 01/29/08 – 11/30/13

Robert C. Klesges (P.I.) Efficacy of a tobacco quit line in the US military, HL053478.

Total costs: \$2,458,373. 09/15/07 – 09/14/13

Robert C. Klesges (Co-P.I.) Targeted Approaches to Weight Control for Young Adults, 1U01HL096628.

Total costs: \$2,991,387. 8/17/09 - 5/31/14

Robert C. Klesges (PI) Predictors of Smokeless Tobacco and Dual Use in the US Military, CA141567.

07/01/10-06/30/15, \$2,912,411

Robert C. Klesges (PI) Predictors of Traditional, New, and Emerging Tobacco Use in the US Military, CA14156704S1. FDA Supplement of CA141567. 9/15/12-9/15/14, \$1,659,000.

Robert C. Klesges (PI). Dissemination of the Look Ahead Weight Management Treatment in the Military, DK097158, 9/22/12/-9/22/17, \$3,217,438

Robert C. Klesges (PI) Preventing Relapse Following Involuntary Smoking Abstinence, RO1HL095785.

04/01/10-03/21/15, \$2,988,281

**Completed Grant Support (partial list)**

Robert C. Klesges (P.I.) Blood pressure control in hypertensive smokers, HL72782.

Total costs: \$3,436,927. 09/20/04 – 08/31/09

Robert C. Klesges (P.I.) Weight gain prevention in hypertensive smokers, RO1 HL074845.

09/20/04 – 09/19/08

Robert C. Klesges (P.I.) Decreasing weight gain in African American preadolescent girls-Phase 2, UO1 HL67662.

12/01/02 – 11/30/07

Robert C. Klesges (P.I.) Decreasing weight gain in African American preadolescent girls, UO1 HL67662.

04/01/99 – 11/30/02

Robert C. Klesges (Co-P.I.) Increasing physical activity to aide smoking cessation. RO1 HL68569.

01/01/04 – 12/31/08

Robert C. Klesges (P.I.) The Memphis Alliance Phase II, Map, LeBonheur Health Systems, Inc.

07/01/98-06/30/04

Robert C. Klesges (P.I.) A school-based smoking cessation program for adolescents. RO1 DA12532-01.

09/30/08 – 08/31/02

Robert C. Klesges (P.I.) Smoking cessation in the elderly. R18 HL56626-01.

09/01/98 – 08/31/02

Robert C. Klesges (Co-P.I.) Biobehavioral risk factors for bones loss in athletes. AR 448009.

07/01/98 – 06/30/03

Robert C. Klesges (P.I.) NRT & Behavioral therapy in primary health care settings. 1R01 CA71348-01.  
09/25/96-07/31/00

Robert C. Klesges (P.I.) Smoking onset in a biethnic population. 2R01 HL50723-06.  
06/01/93-05/30/01

Robert C. Klesges (Co-P.I.) Vanguard Clinical Centers for clinical trial and observational study of the Women's Health Initiative-East. RFP# NIH-WH-92-19-E.  
1/1/93-2/1/06

Robert C. Klesges (P.I.) Biobehavioral determinates of obesity in black women. 1R01 HL53261.  
09/30/95-08/31/99

Robert C. Klesges (P.I.) A population wide smoking cessation/prevention program. 1R01 HL53478.  
02/01/99-01/30/02

Robert C. Klesges (Co-P.I.) A model DOD systems approach for tobacco cessation . ERMS 00321020.  
2000-2001

Robert C. Klesges (Co-P.I.) Establishment of the Syrian Center for Tobacco Studies. R01 TW05962.  
07/01/02-06/30/07

## PUBLICATIONS:

### Original Articles

1. **Klesges RC**, Sanchez VC, Stanton AL. Obtaining employment in academia: The hiring process and characteristics of successful applicants. *Prof Psychol* 13:577-586, 1982.
2. **Klesges RC**, McGinley H. The interactive effects of typical-maximal measures of aggression on private and public self-consciousness. *J Pers Assess* 46:44-49, 1982.
3. **Klesges RC**. Establishing premorbid levels of intellectual functioning in children: An empirical investigation. *International Journal of Clinical Neuropsychology* 4:15-17, 1982.
4. **Klesges RC**. Confusing clinical and statistical significance? A reply to Reynolds and Gutkin. *J Consult Clin Psychol* 50:772-774, 1982.
5. Glasgow RE, **Klesges RC**, Vasey MW. Controlled smoking for chronic smokers: An extension and replication. *Addict Behav* 8:143-150, 1983.
6. Glasgow RE, **Klesges RC**, Godding PR, Geggelman R. Controlled smoking, with or without carbon monoxide feedback, as an alternative for chronic smokers. *Behav Ther* 14:386-397, 1983.
7. **Klesges RC**, McGinley H. Typical vs. maximal measures of personological variables. *J Pers Assess* 47:640-647, 1983.
8. **Klesges RC**, Coates TJ, Brown G, Sturgeon-Tillisch J, Moldenhauer-Klesges LM, Holzer B, Woolfrey J, Vollmer J. Parental influences on children's eating behavior and relative weight. *J Appl Behav Anal* 16:371-378, 1983.
9. **Klesges RC**. The relationship between neuropsychological, cognitive, and behavioral assessments of brain functioning in children. *Clin Neuropsychol* 5:28-32, 1983.
10. **Klesges RC**. An analysis of body image distortions in a non-patient population. *Int J Eat Disord* 2:35-41, 1983.
11. Glasgow RE, **Klesges RC**, Godding PR, Vasey MW, O'Neill HK. Evaluation of a worksite-controlled smoking program. *J Consult Clin Psychol* 52:137-138, 1984.
12. Malott JM, Glasgow RE, O'Neill HK, **Klesges RC**. Co-worker social support in a worksite smoking control program. *J Appl Behav Anal* 17:485-495, 1984.
13. **Klesges RC**, Malott JM, Uglund M. The effects of graded exposure and parental modeling on the dental phobias of a four-year-old girl and her mother. *J Behav Ther Exp Psychiatry* 15:161-164, 1984.

14. **Klesges RC**, Fisher L, Pheley AM, Boschee P, Vasey M. A major validation study of the Halstead-Reitan in the prediction of CAT-Scan assessed brain damage in adults. *Int J Neuropsychiatry* 6:29-34, 1984.
15. **Klesges RC**, Coates TJ, Moldenhauer LM, Holzer B, Woolfrey J, Vollmer J. The FATS: An observational system for assessing physical activity in children and associated parent behavior. *Behav Assess* 6:333-345, 1984.
16. **Klesges RC**, Bartsch D, Norwood JD, et al. The effects of selected social and environmental variables on the eating behavior of adults in the natural environment. *Int J Eat Disord* 3:35-41, 1984.
17. **Klesges RC**. Personality and obesity. Global versus specific measures? *Behav Assess* 6:347-356, 1984.
18. Glasgow RE, **Klesges RC**, Mizes JS, Pechacek TF. Quitting smoking: Strategies used and variables associated with success in a stop-smoking contest. *J Consult Clin Psychol* 53:905-912, 1985.
19. Glasgow RE, **Klesges RC**, Klesges LM, Somes GR. Long-term effects of a controlled smoking program: A 2 1/2 year follow-up. *Behav Ther* 16:303-307, 1985.
20. Glasgow RE, **Klesges RC**. Smoking intervention programs in the workplace. Chapter (12) published in the U.S. Department of Health, Education, and Welfare's: The health consequences of smoking: Cancer and chronic lung disease in the workplace. A report of the Surgeon General, in U.S. Department of Health and Human Services PHS, Office of the Assistant Secretary for Health, Office on Smoking and Health (ed), 1985.
21. **Klesges RC**, Woolfrey J, Vollmer J. An evaluation of the reliability of time sampling versus continuous observation data collection. *J Behav Ther Exp Psychiatry* 16:303-307, 1985.
22. **Klesges RC**, Klesges LM, Swenson AM, Pheley AM. A validation of two motion sensors in the prediction of child and adult physical activity levels. *Am J Epidemiol* 122:400-410, 1985.
23. **Klesges RC**, Fisher L, Vasey MM, et al. Predicting adult premorbid functioning levels: Another look. *Int J Neuropsychiatry* 7:1-13, 1985.
24. **Klesges RC**, Beatty WW, Berry SL. Some behavioral, attitudinal, and perceptual correlates of obesity in a university population. *Int J Eat Disord* 4:237-245, 1985.
25. **Klesges RC**. A psychosocial model of childhood obesity. *Contemporary Social Psychology* 11:30-32, 1985.
26. Glasgow RE, **Klesges RC**, O'Neill HK. Programming social support for smoking modification: An extension and replication. *Addict Behav* 11:453-457, 1986.
27. Barnestuble JS, **Klesges RC**, Terbizan D. Predictors of weight loss in a behavioral treatment program. *Behav Ther* 17:288-294, 1986.
28. **Klesges RC**, Vasey MM, Glasgow RE. A worksite smoking modification competition: Potential for public health impact. *Am J Public Health* 76:198-200, 1986.
29. **Klesges RC**, Malott JM, Boschee PF, et al. The effects of parental influences on children's food intake, physical activity, and relative weight. *Int J Eat Disord* 5:335-346, 1986.
30. **Klesges RC**, Glasgow RE. Worksite smoking modification competitions: Long-term versus short-term success. Empirical and conceptual issues. *Am J Public Health* 76, 1986.
31. Pheley AM, **Klesges RC**. The relationship between experimental and neuropsychological measures of memory. *Arch Clin Neuropsychol* 1:231-241, 1986.
32. **Klesges RC**, Troster A. A review of premorbid indices of intellectual and neuropsychological functioning: What have we learned in the past five years? *Int J Neuropsychiatry* 9:1-11, 1987.
33. **Klesges RC**, Mizes JS, Klesges LM. Self-help dieting strategies in college males and females. *Int J Eat Disord* 6:409-417, 1987.
34. Klesges LM, **Klesges RC**. The assessment of children's physical activity: A comparison of methods. *Med Sci Sports Exerc* 19:511-517, 1987.
35. **Klesges RC**, Glasgow RE, Klesges LM, et al. Competition and relapse prevention training in worksite smoking modification. *Health Educ Res* 2:5-14, 1987.
36. **Klesges RC**, Cigrang JA, Glasgow RE. Worksite smoking modification programs: A state-of-the-art review and directions for future research. *Current Psychological Research & Reviews* 6:26-56, 1987.
37. **Klesges RC**, Klesges LM, Brown G, Frank GC. Validation of the 24-hour dietary recall in preschool children. *J Am Diet Assoc* 87:1383-1385, 1987.

38. Weber JM, **Klesges RC**, Klesges LM. Dietary restraint and obesity: Their effects on dietary intake. *J Behav Med* 11:185-199, 1988.
39. Glasgow RE, **Klesges RC**, Klesges LM, Somes GR. Variables associated with participation and outcome in a worksite smoking control program. *J Consult Clin Psychol* 56:617-620, 1988.
40. Follette VR, **Klesges RC**. Academic employment: A longitudinal study of the recruiting process and hired applicants. *Prof Psychol Res Pr* 19:345-348, 1988.
41. Eck LH, **Klesges RC**, Hanson CL, Baranowski T, Henske J. A comparison of four commonly used nutrient database programs. *J Am Diet Assoc* 88:602-604, 1988
42. **Klesges RC**, Somes G, Pascale RW, Klesges LM, Murphy M, Brown K, Williams E. Knowledge and beliefs regarding the consequences of cigarette smoking and their relationships to smoking status in a biracial sample. *Health Psychol* 7:387-401, 1988.
43. **Klesges RC**, Klesges LM. Cigarette smoking as a dieting strategy in a university population. *Int J Eat Disord* 7:413-419, 1988.
44. Klem ML, **Klesges RC**. Competition in a minimal-contact weight-loss program. *J Consult Clin Psychol* 56:142-144, 1988.
45. **Klesges RC**, Brown K, Pascale RW, Murphy M, Williams E, Cigrang JA. Factors associated with participation, attrition, and outcome in a smoking cessation program at the workplace. *Health Psychol* 7:575-589, 1988.
46. **Klesges RC**, Meyers AW. The relationship between smoking and body weight. U.S. Department of Health, Education, and Welfare's: The health consequences of smoking-Nicotine addiction: A report of the Surgeon General., U.S. Department of Health and Human Services, Public Health Service, Office of the Assistant Secretary for Health, Office on Smoking and Health, pp 412-460, 1988.
47. Myers RJ, **Klesges RC**, Eck LH, Hanson CL, Klem ML. Accuracy of self-reports of food intake in obese and normal-weight individuals: Effects of obesity on self-reports of dietary intake in adult females. *Am J Clin Nutr* 48:1248-1251, 1988.
48. **Klesges RC**, Hanson CL, Eck LH, Durff AC. Accuracy of self-reports of food intake in obese and normal-weight individuals: Effects of parental obesity on reports of children's dietary intake. *Am J Clin Nutr* 48:1252-1256, 1988.
49. **Klesges RC**, Cigrang JA. Worksite smoking cessation programs: Clinical and methodological issues. *Prog Behav Modif* 23:36-61, 1988.
50. Williams E, **Klesges RC**, Hanson CL, Eck LH. A prospective study of the reliability and convergent validity of three physical activity measures in a field research trial. *J Clin Epidemiol* 42:1161-1170, 1989.
51. Cohen R, **Klesges RC**, Summerville M, Meyers AW. A developmental analysis of the influence of body weight on the sociometry of children. *Addict Behav* 14:473-476, 1989.
52. Eck LH, **Klesges RC**, Hanson CL. Recall of a child's intake from one meal: Are parents accurate? *J Am Diet Assoc* 89:784-789, 1989.
53. **Klesges RC**, Meyers AW, Klesges LM, La Vasque ME. Smoking, body weight, and their effects on smoking behavior: A comprehensive review of the literature. *Psychol Bull* 106:204-230, 1989.
54. Mizes JS, **Klesges RC**. Validity, reliability, and factor structure of the Anorectic Cognitions Questionnaire. *Addict Behav* 14:589-594, 1989.
55. **Klesges RC**, Klem ML, Bene CR. Effects of dietary restraint, obesity, and gender on holiday eating behavior and weight gain. *J Abnorm Psychol* 98:499-503, 1989.
56. Gritz EG, **Klesges RC**, Meyers AW. The smoking and body weight relationship: Implications for intervention and postcessation weight control. *Ann Behav Med* 11:144-153, 1989.
57. **Klesges RC**, Meyers AW, Winders SA, et al. Determining the reasons for weight gain following smoking cessation: Current findings, methodological issues, and future directions for research. *Ann Behav Med* 11:134-143, 1989.
58. **Klesges RC**, Haddock CK, Eck LH. A multimethod approach to the measurement of childhood physical activity and its relationship to blood pressure and body weight. *J Pediatr* 116:888-893, 1990.
59. Klem ML, **Klesges RC**, Bene CR, et al. A psychometric study of restraint: The impact of race, gender, weight and marital status. *Addict Behav* 15:147-152, 1990.
60. Eck LH, **Klesges RC**, Hanson CL, et al. Characteristics of families feeding infants low-fat milk. *Top Clin Nutr* 5:55-62, 1990.

61. **Klesges RC**, Klem ML, Hanson CL, Eck LH, Ernst J, O'Laughlin D, Garrott A, Rife R. The effects of applicant's health status and qualifications on simulated hiring decisions. *Int J Obes* 14:527-535, 1990.
62. **Klesges RC**, Eck LH, Isbell TR, Fulliton W, Hanson CL. Smoking status: Effects on the dietary intake, physical activity, and body fat of adult men. *Am J Clin Nutr* 51:784-789, 1990.
63. **Klesges RC**, Eck LH, Clark EM, Eck LH, Meyers AW. The effects of smoking cessation and gender on dietary intake, physical activity, and weight gain. *Int J Eat Disord* 9:435-445, 1990.
64. **Klesges RC**, Klesges LM, Meyers AW, Klem ML, Isbell T. The effects of phenylpropanolamine on dietary intake, physical activity, and body weight after smoking cessation. *Clin Pharmacol Ther* 47:747-754, 1990.
65. **Klesges RC**, Meyers AW, Klesges LM. Weight gain following smoking cessation, mechanisms of weight gain, and interventions designed to reduce postcessation weight gain. U.S. Department of Health, Education, and Welfare's: The health consequences of smoking cessation: A report of the Surgeon General., U.S. Department of Health and Human Services, Public Health Service, Office of the Assistant Secretary for Health, Office on Smoking and Health, pp 469-516, 1990.
66. **Klesges RC**, Eck LH, Hanson CL, Haddock CK, Klesges LM. Effects of obesity, social interactions, and physical environment on physical activity in preschoolers. *Health Psychol* 9:435-449, 1990.
67. **Klesges RC**, Andereck ME, Clark EM, Eck LH, Meyers AW. The comparability of two commonly used carbon monoxide analysis systems: A technical note. *Addict Behav* 15:319-322, 1990.
68. **Klesges RC**, Eck LH, Mellon MW, Fulliton W, Somes GW, Hanson CL. The accuracy of self-reports of physical activity. *Med Sci Sports Exerc* 22:690-697, 1990.
69. Hanson CL, **Klesges RC**, Eck LH, . Family relations, coping styles, stress, and cardiovascular disease risk factors among children and their parents. *Fam Syst Med* 8:387-400, 1990.
70. Hanson CL, Rodrigue JR, Henggeler SW, Harris MA, **Klesges RC**, Carle DL. The perceived self-competence of adolescents with insulin-dependent diabetes mellitus: Deficit or strength? *J Pediatr Psychol* 15:605-618, 1990.
71. Isbell TR, **Klesges RC**, Meyers AW, Klesges LM. Measurement reliability and reactivity using repeated measurements of resting energy expenditure with a face mask, mouthpiece, and ventilated canopy. *JPEN J Parenter Enteral Nutr* 15:165-168, 1991.
72. Eck LH, **Klesges RC**, Hanson CL, White J. Reporting retrospective dietary intake by food frequency questionnaire in a pediatric population. *J Am Diet Assoc* 91:606-608, 1991.
73. **Klesges RC**, Benowitz NL, Meyers AW. Behavioral and biobehavioral aspects of smoking and smoking cessation: The problem of postcessation weight gain. *Behav Ther* 22:179-199, 1991.
74. Eck LH, **Klesges RC**, Hanson CL, Slawson D, Portis L, Lavasque ME. Measuring short-term dietary intake: Development and testing of a 1-week food frequency questionnaire. *J Am Diet Assoc* 91:940-945, 1991.
75. **Klesges RC**, Klesges LM, Meyers AW. Relationship of smoking status, energy balance, and body weight: Analysis of the Second National Health and Nutrition Examination Survey. *J Consult Clin Psychol* 59:899-905, 1991.
76. **Klesges RC**, Stein RJ, Eck LH, Isbell TR, Klesges LM. Parental influence on food selection in young children and its relationships to childhood obesity. *Am J Clin Nutr* 53:859-864, 1991.
77. **Klesges RC**, Klem ML, Epkins CC, Klesges LM. A longitudinal evaluation of dietary restraint and its relationship to changes in body weight. *Addict Behav* 16:363-368, 1991.
78. Audrain JE, **Klesges RC**, DePue K, Klesges LM. The individual and combined effects of cigarette smoking and food on resting energy expenditure. *Int J Obes* 15:813-821, 1991.
79. **Klesges RC**, DePue K, Audrain J, Klesges LM, Meyers AW. Metabolic effects of nicotine gum and cigarette smoking: Potential implications for postcessation weight gain? *J Consult Clin Psychol* 59:749-752, 1991.
80. **Klesges RC**, Eck LH, Isbell TR, Fulliton W, Hanson CL. Physical activity, body composition, and blood pressure: A multimethod approach. *Med Sci Sports Exerc* 23:759-765, 1991.
81. Hanson CL, Henggeler SW, Harris MA, Cigrang JA, Schinkel AM, Rodrigue JR, **Klesges RC**. Contributions of sibling relations to the adaptation of youths with insulin-dependent diabetes mellitus. *J Consult Clin Psychol* 60:104-112, 1992.
82. **Klesges RC**, Stein RJ, Hultquist CM, Eck LH. Relationships among smoking status, body composition, energy intake, and physical activity in adult males: a longitudinal analysis. *J Subst Abuse* 4:47-56, 1992.

83. Weekley CK 3rd, **Klesges RC**, Reylea G. Smoking as a weight-control strategy and its relationship to smoking status. *Addict Behav* 17:259-271, 1992.
84. Sallis JF, Simons-Morton BG, Stone EJ, Corbin CB, Epstein LH, Faucette N, Iannotti RJ, Killen JD, **Klesges RC**, Petray CK, et al. Determinants of physical activity and interventions in youth. *Med Sci Sports Exerc* 24:S248-S257, 1992.
85. **Klesges RC**, Klesges LM, Haddock CK, Eck LH. A longitudinal analysis of the impact of dietary intake and physical activity on weight change in adults. *Am J Clin Nutr* 55:818-822, 1992.
86. Klesges LM, **Klesges RC**, Cigrang JA. Discrepancies between self-reported smoking and carboxyhemoglobin: An analysis of the second national health and nutrition survey. *Am J Public Health* 82:1026-1029, 1992.
87. Clark EM, **Klesges RC**, Neimeyer RA. Attributions about sexual behavior, attractiveness, and health as a function of subjects' and targets' sex, and smoking status. *Basic Appl Soc Psych* 13:205-216, 1992.
88. **Klesges RC**. Methodological issues in the assessment of energy balance. *Health Psychol* 11:36, 1992.
89. Henningfield JE, Obarzanek E, Benowitz NL, Hall SM, **Klesges RC**, Leischow S, Levin ED, Perkins KA, Spring B, Stitzer M, Ward MM, Winders S, Wood P, Woods MN, Isbell T, Klem ML. National working conference on smoking and body weight. Task Force 2: Methods of assessment, strategies for research. *Health Psychol* 11 Suppl:10-6, 1992.
90. **Klesges RC**, Shumaker SA. Understanding the relations between smoking and body weight and their importance to smoking cessation and relapse. *Health Psychol* 11 Suppl:1-3, 1992.
91. **Klesges RC**, Shumaker SA. Proceedings of the national working conference on smoking and body weight. *Health Psychol* 11: ii-66, 1992.
92. Wilson DK, Klesges LM, **Klesges RC**, Eck LH, Hackett-Renner CA, Alpert BS, Dalton ET. A prospective study of familial aggregation of blood pressure in young children. *J Clin Epidemiol* 45:959-969, 1992.
93. **Klesges RC**, Isbell TR, Klesges LM. Relationship between dietary restraint, energy intake, physical activity, and body weight: A prospective analysis. *J Abnorm Psychol* 101:668-674, 1992.
94. **Klesges RC**, Haddock CK, Stein RJ, Klesges LM, Eck LH, Hanson CL. Relationship between psychosocial functioning and body fat in preschool children: A longitudinal investigation. *J Consult Clin Psychol* 60:793-796, 1992.
95. **Klesges RC**, Klem ML, Klesges LM. The relationship between changes in body weight and changes in psychosocial functioning. *Appetite* 19:145-153, 1992.
96. **Klesges RC**, Shelton ML, Klesges LM. Effects of television on metabolic rate: Potential implications for childhood obesity. *Pediatrics* 91:281-286, 1993.
97. Camp DE, **Klesges RC**, Relyea G. The relationship between body weight concerns and adolescent smoking. *Health Psychol* 12:24-32, 1993.
98. **Klesges RC**, Klesges LM. The relationship between body mass and cigarette smoking using a biochemical index of smoking exposure. *Int J Obes Relat Metab Disord* 17:585-591, 1993.
99. Baranowski T, Stone EJ, **Klesges RC**, et al. Studies of child activity and nutrition (SCAN): Longitudinal research on CVD risk factors and CVH behaviors in young children. *Cardiovascular Risk Factors* 3:354-366, 1993.
100. Ray JW, **Klesges RC**. Influences on the eating behavior of children. *Ann N Y Acad Sci* 699:57-69, 1993.
101. **Klesges RC**, Mealer CZ, Klesges LM. Effects of alcohol intake on resting energy expenditure in young women social drinkers. *Am J Clin Nutr* 59:805-809, 1994.
102. Eck LH, Ray JW, **Klesges RC**, Relyea GE, Hackett-Renner C. Physicians' diagnosis of obesity status in NHANES II. *Int J Obes Relat Metab Disord* 18:704-708, 1994.
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## Books, Book Chapters and Book Reviews

### Self Help Book

1. Klesges RC, DeBon M. How Women Can Finally Quit Smoking. Alameda, CA, Hunter House, 1994.

### Book Chapters and Non-Refered Publications

1. Klesges RC, McGinley H, Jurkovic GJ, Morgan TJ. The predictive validity of typical and maximal personality measures in self reports and peer reports. *Bulletin of the Psychonomic Society* 13:401-404, 1979.
2. Klesges RC. A review of "Eating and its disorders", edited by A J Stunkard, E Stellar (book review). *International Journal of Eating Disorders* 4:321-323, 1985.
3. Klesges RC Glasgow RE. Smoking modification in the worksite. In MF Cataldo, TJ Coates (Eds.), *Health and Industry: A Behavioral Medicine Perspective*. New York: Wiley Interscience, pp. 231-254, 1986.
4. Klesges RC. Dietary intake and obesity. *Professional Nurses Quarterly* 2-5, 1988.
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### **Abstracts**

#### **Presentations and Published Abstracts**

1. Shermer MB, Klesges RC. Personality correlates of academic achievement. Presented at: California State Psychological Association, San Francisco, CA, 1978.
2. Klesges RC. On the prediction of more of the people more of the time: A further investigation of cross-situational consistencies in behavior. Presented at: Rocky Mountain Psychological Association, Denver, CO, 1978.
3. Klesges RC, Jurkovic GJ, Morgan TJ. Private self-consciousness, public self-consciousness, and the predictive validity of typical and maximal personality ratings. Presented at: Midwestern Psychological Association, Chicago, IL, 1978.
4. Klesges RC, McGinley H. Maximal personality ratings: An important variable in the prediction of behavior? Presented at: Western Psychological Association, San Diego, CA, 1979.
5. Klesges RC, Fisher LP. Correlates of childhood brain damage. Paper presented at: North Dakota Psychological Association, Fargo, ND, 1981.
6. Stanton AL, Sanchez BC, Klesges RC. Supervision skills: Do APA-approved programs teach them? Poster presented at: American Psychological Association, Los Angeles, CA, 1981.
7. Klesges RC, Sanchez BC, Stanton AL. The diagnostic effectiveness of an adult and child premorbid index. Paper presented at: Western Psychological Association, Los Angeles, CA, 1981.
8. Klesges RC, McGinley H. The effects of subject-peer familiarity and congeniality on the prediction of behavior. Paper presented at: Western Psychological Association, Los Angeles, CA, 1981.
9. Glasgow RE, Klesges RC, Godding PR, Geggelman R. Controlled smoking, with or without carbon monoxide feedback, as an alternative for chronic smokers. Poster presented at: The Society of Behavioral Medicine, Chicago, IL, 1982.
10. Klesges RC. Behavioral correlates of obesity. Paper presented at: Midwestern Psychological Association, Minneapolis, MN, 1982.
11. Godding PR, Glasgow RE, Klesges RC. Self-efficacy and outcome expectations as predictors of controlled smoking status. Poster presented at: The Association for the Advancement of Behavior Therapy, Los Angeles, CA, 1982.
12. Klesges RC, Coates TJ, Brown G. Assessing food intake and parent-child interactions in the natural environment. Poster presented at: The Association for the Advancement of Behavior Therapy, Los Angeles, CA, 1982.
13. Klesges RC, Coates TJ. The Fargo Activity Time sampling Survey: An observational assessment for measuring physical activity and related parent behavior. Poster presented at: The Association for the Advancement of Behavior Therapy, Los Angeles, CA, 1982.
14. Klesges RC, Bartsch D, Norwood JD, Kautzman D, Haugrud S. Eating behavior in the natural environment: Some social and environmental variables that may increase consumption. Poster presented at: The Fourth International Congress of Obesity (Obesity and Behavior Satellite Symposium), Philadelphia, PA, 1983.
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16. Klesges RC. Methodological issues in the assessment of the early natural history of obesity. Invited address presented at: The National Institute of Child Health and Human Development (NIH) Ad-Hoc Lecture Series, Bethesda, MD, 1983.
17. Glasgow RE, Klesges RC, Godding PR, Vasey MW, O'Neill HK. Smoking control programs in the occupational setting: A controlled investigation. Poster presented at: The World Conference on Behavior Therapy, Washington, DC, 1983.

18. Klesges RC, Malott JM, Boschee P, Weber J, Lee A. The early natural history of obesity: Parental influences on children's eating, activity, and relative weight. Poster presented at: The World Conference on Behavior Therapy, Washington, DC, 1983.
19. Malott JM, Glasgow RE, O'Neill HK, Klesges RC. The effects of coworker support in a worksite smoking control program. Poster presented at: The Society of Behavioral Medicine, Philadelphia, PA, 1984.
20. Klesges RC, McCaul KD, Edwards P. Behavioral medicine: A perspective for the 80s. Invited symposium presented at: North Dakota Psychological Association, Jamestown, ND, 1984.
21. Klesges RC, Klesges LM, Swenson AM, Pheley A. The reliability and validity of mechanical activity monitors in the prediction of child and adult physical activity levels. Poster presented at: The Association for the Advancement of Behavior Therapy, Philadelphia, PA, 1984.
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23. Klesges RC. Implementation of worksite smoking programs: Clinical and empirical issues. Workshop presented at: The Society of Behavioral Medicine, New Orleans, LA, 1985.
24. Klesges RC, Vasey MW, Glasgow RE. Evaluation of a worksite smoking competition program. Citation paper presented at: The Society of Behavioral Medicine, New Orleans, LA, 1985.
25. Klesges RC. Methodological issues associated with assessing cardiovascular risk in preschool children. Invited address presented at: The National Heart, Lung, and Blood Institute Meeting of Childhood Eating and Physical Activity Patterns, Bethesda, MD, 1985.
26. Brown G, Klesges RC, Storsved T, Cantrell NK. Twenty-four hour dietary recall validation. Paper presented at: The Society of Nutrition Education, Los Angeles, CA, 1985.
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31. Klesges LM, Klesges RC, Mizes JS. Dietary strategies of a college population. Poster presented at: The Society of Behavioral Medicine, San Francisco, CA, 1986.
32. Klesges RC, Klesges LM, Murphy M, Williams E, Pascale RW, Brown K. Barriers to smoking cessation: An epidemiological investigation. Poster presented at: The Society of Behavioral Medicine, San Francisco, CA, 1986.
33. Klesges RC. Worksite smoking control programs: What have we learned? Presented in symposium entitled: Future directions in smoking cessation research (R.C. Klesges, Chair), The Society of Behavioral Medicine, San Francisco, CA, 1986.
34. Klesges RC (Chair), Best A, Coates TJ, Glasgow RE, Shumaker SA. Future directions in smoking cessation research. Symposium presented at: The Society of Behavioral Medicine, San Francisco, CA, 1986.
35. Klesges RC. Incentive approaches to worksite health promotion. Invited presentation as part of symposium entitled: Alternative strategies for improving worksite health promotion (D. Bibeau, Chair), American Public Health Association 114th Annual Meeting, Las Vegas, NV, 1986.
36. Eck LH, Klesges RC, Hanson CL. A comparison of four nutrition data bases. Poster presented at: The American Dietetic Association Annual Meeting, Las Vegas, NV, 1986.
37. Klesges RC. Conducting and Evaluating Worksite Smoking Cessation Programs. Workshop presented at: The Association for the Advancement of Behavior Therapy, Chicago, IL, 1986.
38. Klesges RC, Klem ML, Cigrang J. The incremental effects of competition on a clinic-based weight loss program: A controlled investigation. Poster presented at: The Association for the Advancement of Behavior Therapy, Chicago, IL, 1986.

39. Klesges RC, Klesges LM. The relationship between smoking and weight. Poster presented at: The Association for the Advancement of Behavior Therapy, Chicago, IL, 1986.
40. Klesges RC, Alpert B, Wilder M. Early identification of risk factors in children. Symposium presented at: Mid-South Education Research Association, Memphis, TN, 1986.
41. Klesges RC. How does the behavior of obese children (and families) differ from those of normal weight children - Implications for therapy. Invited address presented at: The American Society For Parenteral and Enteral Nutrition 10th Annual Meeting, New Orleans, LA, 1987.
42. Klesges RC. Smoking cessation at the worksite: A promise partially fulfilled. Invited address presented at: Fred Hutchinson Research Center Conference on Smoking Cessation (I. Sarason & A. Marlatt, Chair), Seattle, WA, 1987.
43. Summerville M, Cohen R, Klesges RC. The relationship of body type, sociometric ratings, and self-perceptions in children. Paper presented at: Southeastern Psychological Association, 1987.
44. Glasgow RE, Klesges PhD, Klesges LM. Predicting participation and outcome in worksite smoking control. Poster presented at: The Society of Behavioral Medicine, Washington, DC, 1987.
45. Pascale R, Klesges RC, Hanson CL, Eck L. The early natural history of obesity: Dietary restraint in children. Poster presented at: The Society of Behavioral Medicine, Washington, DC, 1987.
46. Klesges RC, Klesges LM, Glasgow RE. Worksite smoking modification with competition and relapse prevention training. Poster presented at: The Society of Behavioral Medicine, Washington, DC, 1987.
47. Klesges RC, Klesges LM, Weber JM. The association of chronic dieting and obesity with dietary intake. Poster presented at: The Society of Behavioral Medicine, Washington, DC, 1987.
48. Walker SS, Murphy JK, Alpert BS, Klesges RC, Casteel GC, Ambler JT, Barton W. Methodological considerations in the incorporation of procedural and technological innovations into longitudinal blood pressure studies. Paper presented at: National Conference on High Blood Pressure Control, 1987.
49. Walker SS, Murphy JK, Alpert BS, Klesges RC, Casteel GC, Ambler JT, Barton W. Development of a longitudinal county-wide school-based risk factor screening program: Child and professional participation and costs. Paper presented at: National Conference on High Blood Pressure Control, 1987.
50. Klesges RC. Weight loss programs at the worksite. Invited discussant for symposium entitled: Weight control (John Foreyt, Chair). Presented at: The Academy of Behavioral Medicine Research, Sebasco, ME, 1987.
51. Klesges RC. Smoking cessation in the workplace. Invited discussant for symposium entitled: Smoking, public policy, and the worksite (N. Grunberg, Chair). Presented at: The Academy of Behavioral Medicine Research, Sebasco, ME, 1987.
52. Klesges RC. Risk factor assessment in children. Symposium entitled: Physical activity: Its assessment and relationship to coronary heart disease (P. Freedson & J. Kearney, Chair). Symposium presented at: The American College of Sports Medicine Annual Meeting, Las Vegas, NV, 1987.
53. Klesges RC. New directions in smoking cessation research. Invited address presented at: University of Oslo Master Lecture Series, Oslo, Norway, 1987.
54. Klesges RC. Causes and consequences of eating disorders in children. Invited address presented at: University of Oslo Master Lecture Series, Oslo, Norway, 1987.
55. Mizes JS, Klesges RC. Validity of the Ruff and Barrios body image detection device. Poster presented at: The Association for the Advancement of Behavior Therapy, Boston, MA, 1987.
56. Klesges RC, Meyers AW, Hanson CL, Eck L. Smoking cessation and weight gain in males and females. Poster presented at: The Association for the Advancement of Behavior Therapy, Boston, MA, 1987.
57. Mizes JS, Klesges RC. Psychometric characteristics and validity of the anorectic cognition scale. Poster presented at: The Association for the Advancement of Behavior Therapy, Boston, MA, 1987.
58. Eck LH, Klesges RC, Hanson CL. Gender differences in response to short-term smoking cessation. Poster presented at: The American Dietetics Association Annual Meeting, Boston, MA, 1987.
59. Klesges RC. Dietary intake and physical activity measures: Reliability, validity, and methodological issues. Invited presentation at: The Macarthur Foundation Research Network on Determinants

- and Consequences of Health-Promoting and Health-Damaging Behavior, Duke University Medical School, Raleigh- Durham, NC, 1987.
60. Alpert BS, Klesges RC, Murphy JK, Willey ES, Somes GW. Racial differences in systolic and diastolic blood pressuring during 24-hour ambulatory monitoring in healthy children. Poster presented at: International Society on Hypertension in Blacks, Atlanta, GA, 1988.
  61. Alpert BS, Murphy JK, Somes GW, Willey ES, Klesges RC. Overestimation of children's blood pressure by first readings compared to second and third readings. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 132 [Abs.], 1988.
  62. Clark EM, Klesges RC, Neimeyer RA. Attributions about sexual behavior and attractiveness as a function of subjects' and targets' gender and smoking status. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 127 [Abs.], 1988.
  63. Alpert BS, Murphy JK, Walker SS, Willey ES, Klesges RC. Twenty-four-hour ambulatory blood pressure in children: Effect of parental hypertension status. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 82 [Abs.], 1988.
  64. Cigrang JA, Klesges RC, Williams E, Murphy M, Pascale R, Brown K. A multidimensional model of factors influencing participation, attrition, and outcome in a worksite smoking cessation program. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 95 [Abs.], 1988.
  65. Hanson CL, Klesges RC, Eck LH, Carle D, Haddock CK. Family emotional functioning and cardiovascular risk. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 88 [Abs.], 1988.
  66. Hanson CL, Klesges RC, Eck LH, McCracken T, Anderson D. Psychosocial resources as mediators of the association between obesity and blood pressure in adults. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 39 [Abs.], 1988.
  67. Pascale RW, Klesges RC, Klesges LM, Murphy M, Brown K, Williams E, Somes G. Predicting smoking status: Results of a randomized, two community sample. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 95 [Abs.], 1988.
  68. Klesges RC, Klem ML, Bene CR. The effects of restrained eating and obesity on dietary intake during a naturalistic preload. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 95 [Abs.], 1988.
  69. Klesges RC, Hanson CL, Eck LE, Myers RJ, Meyers D. Are the obese accurate in their reports of dietary intake?: Results of two methodological investigations (Citation paper). Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 131 [Abs.], 1988.
  70. Klesges RC. Implications of the smoking-body weight relationship: Is there a link between body weight and smoking initiation, maintenance, and relapse? Paper presented at in symposium entitled: "Smoking and body weight: Basic mechanisms, treatment implications, and directions for future research" (R. Klesges & A. Meyers, Co-Chairs). Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 72 [Abs.], 1988.
  71. Klesges RC (Chair), Meyers AW (Co-Chair), Winders SE, Gritz E, Grunberg NE. Smoking and body weight: Basic mechanisms, treatment implications, and directions for future research. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 72 [Abs.], 1988.
  72. Klesges RC. The causes of obesity: Towards an integrative model of diet, activity, and physiology. Invited address presented at: Memphis Area Nutrition Council, Memphis, TN, 1988.
  73. Klesges RC. Methodological issues in determining the future cardiovascular risk status of young children and their parents. Invited address presented at: The American Public Health Association, Boston, MA, 1988.
  74. Eck LH, Klesges RC, Hanson CL. The use of skim milk in the diets of infants. Poster presented at: The American Dietetics Association Annual Meeting, San Francisco, CA, 1988.
  75. Slawson D, Eck LH, Klesges RC, Hanson CL. Quantifying dietary intake over the previous week. Poster presented at: The American Dietetic Association Annual Meeting, San Francisco, CA, 1988.
  76. Bene CR, Klesges RC, Durff AC, Klem ML. Changes in dietary composition: Holiday and non-holiday eating patterns. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 149 [Abs.], 1989.

77. Eck LH, Klesges RC, Pascale R, Hanson CL. Dietary restraint of children by their parents. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 109 [Abs.], 1989.
78. Klesges RC, Isbell T, Fulliton W, Hanson CL, Eck LH. Body fat, dietary intake, and physical activity in smokers and nonsmokers. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 171 [Abs.], 1989.
79. Isbell TR, Klesges RC, Ernst J, Baker K, Meyers A. Measuring metabolic rate: Reactivity in repeated measurements of resting energy expenditure using mask, mouthpiece, and canopy systems. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 147 [Abs.], 1989.
80. Klesges RC, Fulliton W, Isbell T, Eck LH, Hanson CL. Measurement of physical activity and its relationship to cardiovascular risk factors. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 102 [Abs.], 1989.
81. Klesges RC, Isbell T, Fulliton W, Eck LH, Hanson CL. Moderators of dietary intake in adults. Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 72 [Abs.], 1989.
82. Klesges RC, Fulliton W, Hanson CL, Eck LH, Mellon M, Somes GW. How accurate are the self-reports of physical activity? Proceedings of The Society of Behavioral Medicine Ninth Annual Scientific Sessions, 102 [Abs.], 1989.
83. Meyers AW, Klesges RC. Behavioral medicine: The smoking/body weight relationship. Paper presented at: Portuguese Psychological Association, Lisbon, Portugal, 1989.
84. Hultquist CM, Klesges RC, Haddock CK, Eck LA, Hanson CL. The relationship between childhood physical activity and cardiovascular risk indicators. Poster Presented at: North American Society of Pediatric Exercise Medicine, Aspen, CO, 1989.
85. Klem ML, Klesges RC, Klesges LM, Meyers AW, Isbell TR. The effects of phenylpropanolamine on weight gain following smoking cessation. Poster presented at: The Association for the Advancement of Behavior Therapy, Washington, D.C, 1989.
86. Ernst JR III, Klem ML, Klesges RC. The effects of health status and qualifications levels on hiring decisions. Poster presented at: The Association for the Advancement of Behavior Therapy, Washington, D.C, 1989.
87. Haddock CK, Stein RJ, Klesges RC, Eck LH, Hanson CL. The effects of childhood obesity and parental weight status on childhood psychosocial functioning. Poster presented at: The Association for the Advancement of Behavior Therapy, Washington, D.C, 1989.
88. Haddock CK, Klesges RC, Eck LH, Hanson CL. The effects of obesity, environment, and parent-child interactions on physical activity in preschool children. Poster presented at: The Association for the Advancement of Behavior Therapy, Washington, D.C, 1989.
89. Haddock CK, Klesges RC, Eck LH, Hanson CL. A multi-method approach to The measurement of childhood physical activity and its relationship to blood pressure and body weight. Poster presented at: The Association for the Advancement of Behavior Therapy, Washington, D.C, 1989.
90. Whelan JP, Epkins C, Meyers AW, Shermer M, Klesges RC, Meyers LD. The physical and psychological preparation of athletes under great stress. Poster presented at: The Association for the Advancement of Behavior Therapy, Washington, D.C, 1989.
91. Hultquist CM, Klesges RC, Haddock CK, Eck LA, Hanson CL. The relationship between childhood physical activity and cardiovascular risk indicators. Pediatric Exercise Science, 2, 175-176, 1990.
92. Hultquist CM, Haddock CK, Klesges RC, Eck LH. The relationship between adult physical activity and body weight: A longitudinal analysis. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 181 [Abs.], 1990.
93. Haddock CK, Hultquist CM, Klesges RC, Eck LH. The relationship between obesity, diet, physical activity and body fat change in children. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 180 [Abs.], 1990.
94. Klem ML, Klesges RC, Epkins CC. A longitudinal evaluation of dietary restraint and its relationship to changes in body weight. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 175 [Abs.], 1990.
95. Haddock CK, Stein RJ, Klesges RC, Eck LH, Hanson CL. An examination of the impact of obesity on the psychosocial functioning of married individuals. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 180 [Abs.], 1990.

96. Winders SE, Brown KT, Klesges RC, Hayes A., Meyers A. The effects of cigarette smoking and coffee consumption on resting energy expenditure. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 165 [Abs.], 1990.
97. DePue KJ, Klesges RC, Audrain JE. The effects of nicotine chewing gum and cigarettes smoking on resting energy expenditure: Implications for postcessation weight gain. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 164 [Abs.], 1990.
98. Isbell TR, Klesges RC, Eck L, Stein R. Television advertising and childhood obesity. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 135 [Abs.], 1990.
99. Stein RJ, Klesges RC, Eck LH, Isbell TR. Food choices in young children: Relationship to child's and mother's weight status and parental influence. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 135 [Abs.], 1990.
100. Isbell TR, Klesges RC, Eck L, Dalton E, Hackett C. Aggregation of cardiovascular risk factors in spouses. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 132, [Abs.], 1990.
101. Klesges RC, Klesges LM, Meyers AW. The relationship of cigarette smoking, body mass, and energy balance variables. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 73 [Abs.], 1990.
102. Klesges RC, Coday M, Pascale R, Meyers A, Winders SE, Hultquist C. Metabolic rate and smoking: Results of a large-scale investigation. Proceedings of The Society of Behavioral Medicine Eleventh Annual Scientific Sessions, 71 [Abs.], 1990.
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244. Alfano CM, Zbikowski SM, Robinson LA, Klesges RC. The associations between general and specific stressors and smoking among adolescents. *Annals of Behavioral Medicine*, 23, S145, 2001.
245. Alfano CM, Zbikowski SM, Robinson LA, Klesges RC. Adolescent reports of physician intervention in relation to smoking behavior. *Annals of Behavioral Medicine*, 23, S156, 2001.
246. Cooper TV, Debon MW, Zbikowski SM, Klesges RC, Johnson KC. The effects of PPA and nicotine gum on cessation rates and post cessation weight gain in women. Poster presented at: The annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA, 2003.
247. Vander Weg MW, Klesges RC, Robinson LA, Riedel B, McLain-Allen B, Ward KD. Correlates of nicotine dependence in a bi-ethnic sample of adolescent smokers. Poster presented at: The annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA, 2003.
248. Ward KD, Vander Weg MW, Relyea G, DeBon M, Klesges RC. Sheesha (waterpipe) smoking among American military recruits. Presented at: The Society for Research on Nicotine and Tobacco's 10th Annual Meeting, Scottsdale, AR, 2004.
249. Ward KD, Vander Weg MW, Hammal F, Maziak W, Eissenberg T. Factors related to interest in narghile cessation. Presented at: The Society for Research on Nicotine and Tobacco's 10th Annual Meeting, Scottsdale, AR, 2004.
250. Vander Weg MW, DeBon M, Klesges RC, Peterson AL, Sherrill-Mittleman D, Relyea G. Prevalence and correlates of smokeless tobacco use among female military recruits. Presented at: The Society for Research on Nicotine and Tobacco's 10th Annual Meeting, Scottsdale, AR, 2004.
251. Relyea GE, Vander Weg MW, DeBon M, Sherrill-Mittleman D, Klesges RC. Predictive validity of susceptibility to tobacco use among Air Force recruits. Presented at: The Society for Research on Nicotine and Tobacco's 10th Annual Meeting, Scottsdale, AR, 2004.
252. DeBon M, Vander Weg MW, Relyea G, Haddock CK, Klesges RC. Trends in cigarette use among United States Air Force Guards and Reservists. Presented at: The Society for Research on Nicotine and Tobacco's 10th Annual Meeting, Scottsdale, AR, 2004.
253. DeBon M, Vander Weg MW, Relyea G, Haddock CK, Klesges RC. Cigar, pipe, and smokeless tobacco use among United States Air Force Guards and Reservists. Presented at: The Society for Research on Nicotine and Tobacco's 10th Annual Meeting, Scottsdale, AR, 2004.
254. Haddock CK, Pyle SA, Lando H, Klesges R, Vander Weg M, Peterson A. The Pierce Susceptibility Questionnaire and its usefulness for United States Air Force recruits. Poster presented at: The Society for Research on Nicotine and Tobacco's 11<sup>th</sup> Annual Meeting, Prague, Czech Republic, 2005.
255. Relyea GE, Vander Weg MW, Ward K, DeBon M, Sherrill-Mittleman D, Klesges RC. Poly-tobacco use among U.S. Air Force Recruits. Presentation presented at: The Society for Research on Nicotine and Tobacco's 11<sup>th</sup> Annual Meeting, Prague, Czech Republic, 2005.
256. Ward KD, Relyea G, Vander Weg MW, Sherrill-Mittleman D, Klesges RC, DeBon M, Sell M. Quality of life changes among older adults after smoking cessation. Presentation presented at: The

- Society for Research on Nicotine and Tobacco's 11<sup>th</sup> Annual Meeting, Prague, Czech Republic, 2005.
257. Lanctot J, Stockton M, McClanahan B, Klesges LM, Klesges RC. The Effects of Parental Encouragement on Physical Activity Levels of Preadolescent African American Females. American College of Sports Medicine 53rd Annual Meeting; Denver, Colorado, 2006.
  258. McClanahan B, Lanctot J, Stockton M, Slawson D, Klesges R, Klesges L, Relyea G. Physical activity and cardiovascular risk factors in African American girls. American College of Sports Medicine 53<sup>rd</sup> annual meeting, Denver, Colorado, 2006.
  259. Stockton M, Lanctot J, McClanahan B, Klesges RC, Klesges LM. Self-perception profiles among preadolescent African American girls as related to body mass index. American College of Sports Medicine 53rd Annual Meeting; Denver, Colorado, 2006.
  260. Reddy JG, Ebbert JO, Klesges LM, Enders FTG, Klesges RC, Lanctot JQ, McClanahan BS. The relationship between caffeine and blood pressure in preadolescent African American girls. American Federation for Medical Research, Washington, D.C., 2006.
  261. Klesges LM, Stockton M, Lanctot J, McClanahan B, Slawson D, Klesges RC. Response bias in self-reported physical activity and dietary intake behaviours related to social desirability and weight status in African-American girls. Sixth International Conference on Dietary Assessment Methods, Copenhagen, Denmark, 2006.
  262. Lanctot J, Klesges R, Klesges L, Stockton M. Prevalence and predictors of dietary underreporting in pre-adolescent African American girls. Presented at: North American Association for the Study of Obesity, Boston, MA, 2006.
  263. Stockton M, Klesges R, Lanctot J, Beech B. Recruitment and retention of low-income 8 to 10 year old African American girls in a two year weight gain prevention program. Presented at: North American Association for the Study of Obesity, Boston, MA, 2006.
  264. Ehlers SL, Klesges RC, VanderWeg M, Haddock CK. Predictors of cessation 12 months after a forced smoking ban: Gender differences. American Psychosomatic Society, Denver, CO, 2006.
  265. Stockton M, McClanahan B, Lanctot J, Klesges RC, Klesges LM. The predictors of body dissatisfaction in 8- to 10- year old African American girls. American College of Sports Medicine 2007 Annual Scientific Meeting. New Orleans, LA, 2007.
  266. McClanahan BS, Stockton MB, Lanctot JQ, Slawson DL, Klesges RC, Relya G. The Relationship Between Objectively Measured Physical Activity and Body Composition in African American Girls. American College of Sports Medicine 54th Annual Meeting. New Orleans, LA, 2007.
  267. Slawson DL, Lanctot J, Klesges RC, Klesges LM, McClanahan BW, Relyea G. Attitudes and parent support for healthful eating. Presented at: The American Dietetics Association Annual Meeting, 2007.
  268. Slawson DL, Lanctot JQ, Klesges RC, Klesges LM, McClanahan BM, Relyea G. Girls' Dietary Quality and the Influences of Child Eating Patterns, Attitudes, and Parent Support for Healthful Eating. Food and Nutrition Conference and Expo 2007, Philadelphia, PA, 2007.
  269. Klesges RC, Obarzanek E, Klesges LM, Stockton MB, Beech BM, Murray DM, Lanctot JQ, Sherrill-Mittleman DA. Memphis Girls health Enrichment Multi-site Studies (GEMS) Phase 2: Design and baseline. *Contemp Clin Trials*, 2007
  270. Klesges RC, Oberzanek E, Klesges L, Beech B, Kumanyika S, McClanahan B, Murray D. The Memphis Girls health Enrichment Multisite Studies (GEMS): An evaluation of the long term efficacy of a weight gain prevention intervention in African American girls. The American Heart Association Scientific Sessions, Orlando, November, 2007.
  271. Johnson KC, Bush A, Klesges RC. The efficacy of sibutramine to prevent or decrease cessation weight gain in overweight and obese smokers. 29<sup>th</sup> Annual Society of Behavioral Medicine Meeting, San Diego, CA, March, 2008.
  272. Warner DO, Lowell CD, Klesges RC, Hernberg S. Implementation of tobacco interventions in anesthesiology practices – a pilot project. Poster presented at: ASA Annual Meeting, Orlando, FL, October, 2008.
  273. Klesges RC, Mittleman D. Smoking cessation in the military: Challenges, solutions, and issues for women smokers. Presented at: Congressional Women's Caucus, Capitol Hill, Washington, DC, November, 2009.
  274. Klesges RC, Sherrill-Mittleman D, Asfar T. Smoking prevalence among childhood cancer survivors. Presented at: Treating Tobacco Dependence at the NCI's Cancer Centers, Bethesda, MD,

November, 2009.

275. Klesges RC, Sherrill-Mittleman D, Asfar T. Smoking interventions for childhood cancer survivors. Presented at: Treating Tobacco at the NCI's Cancer Centers, Bethesda, MD, November, 2009.
276. Dalton WT III, Allen S, Klesges L, Stockton M, Sherritt-Mittleman D, Klesgse R. Family food and activity environment related to body image, weight concerns and weight control behaviors in African American girls. *Obesity* 16:S166, 2009.

### **PATENTS**

Awarded patent #09/317,359 (issued 5/24/99) entitled, "Methods of enhancing lean tissue mass and bone mineral content and compositions therefore".

Awarded (with L. Klesges & F. Akin) patent # 5,021,457 (issued 4/4/91) entitled "Method for aiding cessation of smoking."

### **Referee – Journals**

Journal of the American Medical Association  
 Journal of Consulting and Clinical Psychology  
 Journal of the American Dietetics Association  
 Health Education Quarterly  
 Life Sciences  
 Journal of Applied Social Psychology  
 Child Development  
 International Journal of Eating Disorders  
 Behavior Therapy  
 Appetite  
 Health Education Research  
 International Journal of Clinical Neuropsychology  
 Addictive Behaviors  
 International Journal of Obesity  
 Health Psychology  
 Behavioral Assessment  
 Psychological Bulletin  
 Journal of Behavior Therapy and Experimental Psychiatry  
 Journal of Abnormal Psychology  
 British Journal of Clinical Psychology  
 American Journal of Preventive Medicine  
 Journal of Behavioral Medicine  
 Epidemiology  
 Annals of Behavioral Medicine  
 Journal of Pediatric Psychology  
 Behavior Modification  
 Epidemiology  
 Medicine, Exercise, Nutrition, & Health  
 Psychosomatics  
 Pediatric Exercise Science  
 Medicine and Science in Sports and Exercise  
 Behavior Modification  
 Sports Medicine  
 American Journal of Public Health, Pediatrics Psychological Assessment  
 A Journal of Consulting and Clinical Psychology  
 Journal of the American Geriatrics Society.

### **Editorial Boards/Editorships**

Consulting Editor, Health Education Quarterly, 1988  
 Consulting Editor, Journal of Abnormal Psychology, 1988-1992  
 Consulting Editor, Health Psychology, 1989-1992

Consulting Editor, Behavior Therapy, 1989-1993  
 Consulting Editor, International Journal of Eating Disorders, 1989-1994  
 Consulting Editor, Addictive Behaviors, 1989-present  
 Consulting Editor, Nutrition Research, 1990-1992  
 Consulting Editor, Annals of Behavioral Medicine, 1990-1993  
 Associate Editor, Health Psychology, 1992-1996  
 Consulting Editor, Journal of Health Education, 1994

### **Activities in Other Agencies/Organizations**

Program Director for Behavioral Medicine Subspecialty within the APA-approved clinical psychology program, University of Memphis, May 1986 - 2002.

Board Member, Advisory Council, The Heart Center, U.T.--Memphis School of Medicine, 1987 - 1990.

Member, Program Committee for The Society of Behavioral Medicine, 1988, Boston, MA.

Member, Program Committee for The Association for the Advancement of Behavior Therapy, 1988, New York, NY.

Campus Representative, The Society of Behavioral Medicine, 1988-1991.

Program Chair for the Association For The Advancement of Behavior Therapy, 1989, Washington, DC.

Member, Program Committee for The Society of Behavioral Medicine, 1990, Washington, D.C.

Member, Nominations Committee, Division 38, American Psychological Association, 1990.

Member, Program Committee for The Society of Behavioral Medicine, 1991, Boston, MA.

Member, Membership Recruitment, Division 38, American Psychological Association, 1990-1992.

Director, The University of Memphis Prevention Center, 1992-1998.

Co-Director, Universities Prevention Center, University of Tennessee-Memphis and Memphis State University, 1992 - 2004.

Chair, Selection Committee, University of Memphis, Head Football Coach, 1994-1995.

Chair, Search Committee for the Vice Provost for Research and the Graduate School. The University of Memphis, 1994-1995.

Selected as member of the Standing Committee on Athletics: Athletics Advisory Committee, The University of Memphis, 1994-1997.

Member, Executive Board, *American Cancer Society* (Memphis Chapters), 1994- 2004.

Co-Chair, School of Public Health Planning Committee, 1998-1999.

Executive Director, The University of Memphis Center for Community Health, 1998-2004.

Co-Chair, Standing Committee on Health & Health Affairs, The University of Memphis, 1998-2004.

Member, Standing Committee for Patents, Copyrights, & Licensing, The University of Memphis, 1998-2004.



Co-Chair, UM Health Advisory Task Force, 1998-2004.

Chair, School of Public Health Implementation Committee, 1999-2003.

Chair, LHS (LeBonheur Health Systems) Grants Review Committee, 1999-2004.

**Referee/Reviewer - Government and Foundation Funding Agencies**

Invited reviewer for National Heart, Lung, and Blood Institute for RFA entitled: Acquisition of Obesity in Black and White girls; March 24-26, 1985.

Invited site reviewer for National Research and Demonstration Center-Atherosclerosis; National Heart, Lung, and Blood Institute, May 1-3, 1986.

Invited site reviewer for National Research and Demonstration Center-Atherosclerosis; National Heart, Lung, and Blood Institute, May 4-5, 1986.

Invited reviewer, National Research and Demonstration Center- Atherosclerosis Parent Review Committee, National Heart, Lung, and Blood Institute. June 24, 1986, Bethesda, MD.

Invited reviewer for Model Systems for Blood Cholesterol Screening (86-HL-13-H); National Heart, Lung, and Blood Institute, July 1-3, 1986.

Invited reviewer for Children's Assessment and Treatment of Cardiovascular Health (CATCH); National Heart, Lung, and Blood Institute, June 7-9, 1987.

Invited (ad hoc) reviewer for Clinical Trials Review Committee; National Heart, Lung, & Blood Institute, October 23-24, 1988.

Invited reviewer for Demonstration and Education Review Committee; National Heart, Lung, & Blood Institute, February 16-17, 1989.

Invited reviewer for Workshop on Dietary Behavior Changes for Disease Prevention: A Research Agenda; Joint Conference of the National Cancer Institute, the National Heart, Lung, and Blood Institute, and the Office of Disease Prevention of the National Institutes of Health, April 12, 1989.

Invited reviewer Smoking Cessation Strategies For Minorities; National Heart, Lung and Blood Institute, June 6-8, 1989.

Invited (ad hoc) reviewer for Clinical Trials Review Committee; National Heart, Lung, and Blood Institute, June 27-28, 1989.

Invited reviewer for Demonstration and Education Review Committee (R18); National Heart, Lung, and Blood Institute, July 10-12, 1989.

Invited reviewer for Clinical Trials Review Committee; National Heart, Lung, and Blood Institute, October 14-15, 1989.

Invited reviewer for Demonstration and Education Review Committee (R18); National Heart, Lung, and Blood Institute, November 6-7, 1989.

Invited (ad hoc) reviewer for Behavioral Medicine Study Section, Division of Research Grants, National Institutes of Health, February 6-8, 1990.

Invited reviewer for Tobacco-Related Disease Research Program; State of California, Proposition 99 applications, May 28-30, 1990.

Invited reviewer for Social Sciences and Population Study Section (AHR-M1), National Institutes of Health, June 20, 1990.

Invited reviewer for Clinical and Treatment Research Study Section, National Institute of Alcohol Abuse and Alcoholism, June 25, 1990.

Invited reviewer for Clinical Trials Review Committee; National Heart, Lung, and Blood Institute, October 22, 1990.

Invited reviewer for Children's Assessment and Treatment of Cardiovascular Health - Renewal (CATCH); National Heart, Lung, & Blood Institute, October 24-25, 1990.

Invited reviewer for Demonstration and Education Review Committee (R18); National Heart, Lung, and Blood Institute, February 21-22, 1991.

Invited reviewer for RFA entitled "CVD Nutrition Education for Low Literacy Skills" (RFA-NIH-90-11-P); National Heart, Lung, and Blood Institute, March 7-8, 1991.

Invited reviewer for Demonstration and Education Review Committee; National Heart, Lung, & Blood Institute, October 23-25, 1991.

Invited reviewer for Behavioral Medicine Study Section, Division of Research Grants, National Institutes of Health, February 5-7, 1992.

Invited reviewer for Behavioral Medicine Study Section, Division of Research Grants, National Institutes of Health, June 2-5, 1992.

Invited reviewer for Clinical Trials Study Review Committee, National Heart, Lung, & Blood Institute, June 28-30, 1992.

Invited reviewer for Demonstration and Education Review Committee; National Heart, Lung, & Blood Institute, July 12-14, 1992.

Invited reviewer for Dietary Intervention Study in Children (DISC), Demonstration & Education Research, and Small Grant Applications (Special Emphasis Panel); National Heart, Lung, & Blood Institute, September 21-22, 1992.

Invited reviewer for Demonstration and Education Review Committee (Special Emphasis Panel); National Heart, Lung, & Blood Institute, October 26-27, 1992.

Invited (ad-hoc) reviewer for Social Sciences and Population Study Section; Division of Research Grants, February 17, 1993.

Invited reviewer for the Clinical Trials Review Committee; National Heart, Lung, & Blood Institute, March 2, 1993.

Invited reviewer for RFA #92-HL-08 entitled Obesity Prevention in American Indians/Alaska Natives: Field Centers & for RFA #92-HL-09 entitled, Obesity Prevention in American Indians/Alaska Natives: Coordinating Center (Special Emphasis Panel); National Heart, Lung, & Blood Institute, March 2-3, 1993.

Invited reviewer for Research Training and Career Development Awards in Nutrition and Obesity (RFA-DK-92-19); National Institute of Diabetes, Digestive, & Kidney Diseases, March 26, 1993.

Invited reviewer for RFA entitled "Improving hypertensive care for inner city minorities" (RFA-NIH-HL-93-02-P); National Heart, Lung, & Blood Institute, June 1-2, 1993.

Invited Presenter & Member, The Expert Advisory Group on Women and Smoking, National Cancer Institute, Bethesda, MD, June 24-25, 1993.

Invited reviewer for Parent Committee for RFA entitled "Obesity prevention in American Indians Field Center; National Heart, Lung, & Blood Institute, July 26, 1993.

Invited reviewer, Clinical Trials Review Committee, National Heart, Lung, & Blood Institute, July 27-29, 1993.

Invited review for Women's Health Initiative - Clinical Centers (West); National Cancer Institute, October 24-26, 1993.

Invited reviewer for the Clinical Trials Review Committee; National Heart, Lung, & Blood Institute, October 31-November 2, 1993.

Invited reviewer for NCI Program Projects (PO1s). National Cancer Institute, December 6-8, 1993.

Invited (ad hoc) reviewer for Behavioral Medicine Study Section, Division of Research Grants, National Institutes of Health, February 2-4, 1994.

Invited reviewer for Demonstration and Education Review Committee (Special Emphasis Panel); National Heart, Lung, & Blood Institute, February 15-16, 1994.

Invited reviewer for Nutrition Data System for Research and Education, National Heart, Lung, & Blood Institute, April 8, 1994.

Invited reviewer for the Clinical Trials Review Committee; National Heart, Lung, & Blood Institute, June 24-26, 1994.

Invited reviewer for RFP NHLBI-HC-94-13, entitled Evaluation of Ischemic Heart Disease in Women - Clinical Centers. National Heart, Lung, & Blood Institute, August 15-16, 1994.

Invited reviewer for Demonstration and Education Review Committee (Special Emphasis Panel); National Heart, Lung, & Blood Institute, October 25-26, 1994.

Invited reviewer for proposals in response to NHLBI-HR-94-15 entitled Interventions to Improve Asthma Management and Prevention at School. National Heart, Lung, & Blood Institute, November 29-30, 1994.

Invited reviewer for proposals in response to NHLBI-HC-94-28-29 entitled Enhancing Recovery in Coronary Heart Disease (ENRICHED) - Clinical Units and the Coordinating Center. National Heart, Lung, & Blood Institutes, January 23-24, 1995.

Invited reviewer, Clinical Trials Review Committee, National Heart, Lung, & Blood Institute, February 10-12, 1995.

Invited reviewer, Clinical Trials Review Committee, National Heart, Lung, & Blood Institute, June 24-26, 1995.

Invited reviewer, Special Review Committee, National Institute of Drug Abuse, July 10, 1995.

Invited reviewer for Demonstration and Education Review Committee (Special Emphasis Panel); National Heart, Lung, & Blood Institute, July 16-18, 1995.

Invited reviewer for Clinical Trials Review Committee, National Heart, Lung, & Blood Institute, September 26, 1995.

Invited reviewer for Clinical Trials Review Committee, National Heart, Lung, & Blood Institute, October 29-31, 1995.

Invited reviewer, Special Emphasis Panel, National Heart, Lung, & Blood Institute, March 28, 1996.

Chair, Special Emphasis Panel, National Institute of Mental Health, April 23, 1996.

Member, Clinical Trials Review Committee, National Heart, Lung, & Blood Institute, January 1, 1996 - January 1, 2000).

Invited reviewer, Special Emphasis Panel, National Heart, Lung, & Blood Institute, April 18, 1996.

Invited reviewer, Special Review Committee, National Institute of Drug Abuse, July 16-17, 1996.

Invited reviewer, Special Emphasis Panel, National Heart, Lung, & Blood Institute (DISC & DELTA), October 8-9, 1996.

Invited reviewer, Special Emphasis Panel, National Institute of Mental Health, December 2, 1996.

Invited reviewer, Tobacco-Related Disease Research Program Review Committee, State of California TRDRP, May 18-19, 1997.

Invited reviewer, Special Emphasis Panel, National Heart, Lung, & Blood Institute (R18s), July 22-23, 1997.

Invited reviewer, Epidemiology and Disease Control I study section (EPI-I), September 3-4, 1997.

Invited reviewer, Epidemiology and Disease Control II study section (EPI-II), September 9-10, 1997.

Chair, U01/R01 Special Emphasis Panel, National Heart, Lung, & Blood Institute, April 3, 1998.

Invited reviewer, Tobacco-Related Disease Research Program Review Committee, State of California TRDRP, April 14-15, 1998.

Member, Small Grants Program for Behavioral Research in Cancer Control, National Cancer Institute, June 15, 1999.

Adhoc reviewer, RPHB-2 Study Section, National Institutes of Health, Center for Scientific Review, June 30, 1999.

Reviewer, Clinical Studies Special Emphasis Panel, National Heart, Lung, and Blood Institute, August 9-10, 1999.

Reviewer, Research in State and Community Tobacco Control Interventions, National Cancer Institute, December 7-8, 1999.

Reviewer, Small Grants Program for Behavioral Research in Cancer Control, National Cancer Institute, December 14, 1999.

Reviewer, U.S. Army Medical Research and Material Command Health Promotion Grants. United States Armed Forces, December, 1999.

Member, Behavioral Science, Epidemiology & Prevention Affiliated Study Group, American Heart Association, 1999-2000.

Reviewer, Epidemiology & Disease Control II, National Institutes of Health, April, 2000.

Reviewer, Clinical Trials Review Committee, National Heart, Lung, & Blood Institute, February, 2000.

Reviewer, Strong Heart Study, National Heart Lung & Blood Institute, April 2000.

Chair, Epidemiology & Disease Control II (Subcommittee 3), National Institutes of Health, August, 2000.

Chair, Small Grant Program (R03) Review Panel. National Heart, Lung, and Blood Institute, October 20, 2000.

Invited reviewer, Clinical Trials Review Committee, National Heart, Lung, and Blood Institute, June 16-18, 2001.

Invited reviewer, Special Emphasis Panel, National Heart, Lung, and Blood Institute, June 18, 2001.

Reviewer, SNEM-II, Center for Scientific Review, National Institutes of Health, June 2002.

Reviewer, BAA-HC-02-07, Translational Behavioral Science Consortia, National Heart, Lung, and Blood Institute, June 2002.

Reviewer for Clinical Trials Review Committee, National Heart, Lung, and Blood Institute, June, 2002.

Invited reviewer, RPHB Integrated Review Group, Center for Scientific Review, National Institutes of Health, November 6, 2002.

Site Reviewer, Division of Behavioral Medicine, St. Jude's Children's Research Hospital, November 10-11, 2002.

Reviewer, Mentored Patient-Oriented Research Career Development (K23), National Heart, Lung, and Blood Institute, November 26, 2002.

Invited reviewer, National Heart, Lung, and Blood Institute, Demonstration/Education grants (R18), December 10, 2002.

Chair, Special Emphasis Panel, EDC-2, National Institutes of Health, March 27, 2002, "Monitoring the Future" grant renewal.

Reviewer, NHLBI ZHL1 CSR-J Study Section, National Heart, Lung, and Blood Institute, February 20-21, 2003.

Reviewer, ZRG1 Special Emphasis Panel, "Stigma and Global Health: Health, Mental Health, and Addictions," National Institutes of Health March 6-7, 2003.

Member, Special Emphasis Panel, K23/K24/K25 Career Development Awards, National Heart, Lung, and Blood Institute, September 25-26, 2003.

Member, NIDA Treatment Research Subcommittee Study Section (NIDA-E), 2003- present.

Member, Special Emphasis Panel, K23/K24/K25 Career Development Awards, National Heart, Lung, and Blood Institute, June 3, 2004.

Member, Special Emphasis Panel, R18, Demonstration & Education Program, National Heart, Lung, and Blood Institute, June 8, 2004.

Member, Special Emphasis Panel, ZDK1, Ancillary Studies to Obesity-Related Clinical Trials, NIDDK, August 2, 2004.

Member, Behavioral Science, Epidemiology, and Prevention 1, American Heart Association, 2004-present.

Reviewer, F12B (20), L Fellowship Study Section Review Panel, National Heart, Lung, and Blood Institute, Bethesda, MD, November 8-9, 2004.

Reviewer, Demonstration/Education (R18 Program), National Heart, Lung, and Blood Institute, Baltimore, MD, December 6, 2004.

Invited reviewer, Risk Prevention and Health Behavior Special Emphasis Panel, Center for Scientific Review, National Institutes of Health, April 6, 2005.

Invited reviewer, Adult Psychopathology and Disorders of Aging Study Section, Center for Scientific Review, National Institutes of Health, June 20-21, 2005.

Invited reviewer, Health of the Population Integrated Review Group, National Institutes of Health, June 23-24, 2005.

Invited reviewer, Risk, Prevention, & Health Behavior study section, Center for Scientific Review, July 12, 2005.

Chair, Center for Scientific Review, Special Emphasis Panel, CLEP and CIHB Member Conflict, July 31, 2006.

Chair, Center for Scientific Review, Special Emphasis Panel, Psychosocial Risk and Disease Prevention (member conflicts), July 26, 2006.

Chair, Demonstration and Education Research (R18) Review Meeting, National Heart, Lung, and Blood Institute, December 15, 2006.

Member, Center for Scientific Review, Risk, Prevention, and Intervention for Addictions Study Section, February, 2007 – June, 2009.

Reviewer, Cancer Research Foundation, United Kingdom, January 21, 2007.

Member, Special Emphasis Panel, Health of Populations (Member Conflict panel), Center for Scientific Review, National Institutes of Health, March 9-10-2007.

Member, Special Emphasis Panel, We Can – Together Contract Study Section, March 6, 2007.

Reviewer, Special Emphasis Panel, National Heart, Lung, and Blood Institute clinical trial application "Weight gain prevention in young adults". September 14, 2007.

Reviewer, Special Emphasis Panel, National Heart, Lung, and Blood Institute, September 14, 2007.

Invited reviewer, Treating Tobacco Use and Dependence (Clinical Practice Guidelines), October, 2008.

Chair, Substance Abuse Prevention and Interventions Study Section, Center for Scientific Review, National Institutes of Health, March 3, 2008.

Member, Risk Prevention Health Behavior: Behavioral Interventions, Cognitive and Interpersonal Process Study Section, Center for Scientific Review, National Institutes of Health, October 16, 2008.

Member, Institute of Medicine, Committee on Smoking Cessation in Military and Veteran Populations, 2008.

Named: College of Arts and Sciences Outstanding Alumni, University of Wyoming, 2008.

Member, Special Emphasis Panel, Center for Scientific Research, Research Projects in Weight Gain, Bethesda, MD, March 20, 2009.

Member, Special Emphasis Panel, Center for Scientific Review, Ancillary Studies in Clinical Trials, Bethesda, MD, April 7, 2009.

Chair, Special Emphasis Panel, National Heart, Lung and Blood Institute, Behavioral Interventions to Reduce Obesity (U01), Bethesda, MD, June 1-2, 2009.

Member, Cancer Prevention, Control and Population Sciences study section; National Cancer Institute, June 15-16, 2009.

Chair, Special Emphasis Panel, NHLBI Review Branch, Obesity Prevention and Treatment RFA (U01), March 26, 2010.

Reviewer, Community Level Health Promotion study section, Center for Scientific Review, National Institutes of Health, May 16-18, 2010.

Reviewer, Strategic Plan for NIH Obesity Research: A Report of the NIH Obesity Research Task Force, April 2010.

Reviewer, Special Emphasis Panel, Risk Prevention in Addiction, National Institutes of Health, March 03-04, 2011.

Reviewer, Nursing and Related Clinical Sciences Study Section, National Institutes of Health, February 08-09, 2011.

Chair, Demonstration & Education Study Section (SEP), National Heart, Lung, and Blood Institute, 2011 to 2013.

Reviewer, NIH Intramural Research Program, FDA Intramural Tobacco Regulatory Program, Center for Tobacco Products, September, 2012.

Reviewer, NIH Director's Early Independence Award, Center for Scientific Review, June 24-25, 2013.

Reviewer, Research Relevant to the Family Smoking Prevention and Control Act (P30), July 12, 2013.

Reviewer (mail), NIH Transformative Research, National Institutes of Health, February 2014.

Member, Community Level Health Promotion Study Section, National Institutes of Health, June 2012-present.

Chair, Community Level Health Promotion Study Section, National Institutes of Health, January 2014 – present

Member, NIH/FDA Center for Evaluation and Coordination of Training and Research (U54), Center for Scientific Review, March 27, 2014.

## Educational Activities

### A. Curriculum/Course Development

Developed new courses in Obesity Treatments, Smoking Cessation interventions, NIH Grant Writing, and Introduction to Clinical Trials research.

### B. Teaching Activities

#### Courses Taught

Introductory, Experimental, Behavioral Medicine Seminar, Developmental, Personality, Assessment, Graduate Clinical Practicum, Developmental Graduate Seminar in Obesity, Clinical Psychotherapies, Proseminar, Abnormal, Advanced Behavior Therapy, Psychopharmacology, Child Psychopathology, Child Behavior Therapy, NIH Grant Writing Seminar, Introduction to Clinical Trials, Cancer Prevention and Control.

## Letters of Recommendation

David O. Warner, M.D.  
 Professor of Anesthesiology  
 Mayo Clinic Rochester  
 Dept. of Anesthesiology  
 200 First St. S.W.  
 Rochester, MN 55905  
 Phone: 507-255-4288; Fax: 507-255-7300; E-mail: [warner.david@mayo.edu](mailto:warner.david@mayo.edu)

Jon Ebbert, M.D.  
 Professor of Internal Medicine  
 Nicotine Research Center  
 Mayo Clinic Rochester  
 200 First St. S.W.  
 Rochester, MN 55905  
 Phone: 507-255-3965; [ebbert.jon@mayo.edu](mailto:ebbert.jon@mayo.edu)  
 (Collaborators and colleagues at Mayo Clinic)

William B. Applegate, M.D.  
 Dean, Wake Forest University School of Medicine  
 Office of the Dean  
 Wake Forest School of University School of Medicine  
 Winston Salem, NC 27157  
 Phone number: 336-716-3430; Fax number: 336-716-5139; E-mail: [wapllega@wfubmc.edu](mailto:wapllega@wfubmc.edu)  
 (Long time collaborator during the time Dr. Applegate was Chair of Preventive Medicine at U.T., Memphis)

Kenneth D. Ward, Ph.D.  
 Associate Professor of Health Promotion  
 Department of Health and Sport Sciences  
 University of Memphis  
 Memphis, TN 38152  
 Phone number: 901-678-1714; Fax number: 901-678-1675; E-mail: [kward@memphis.edu](mailto:kward@memphis.edu)  
 (I was Ken's major advisor; he is a long time collaborator while in Memphis)